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Edmonton man gets Oscar nod

Nomination for hairstyling, makeup on The Revenant



Alex **Boyd** Metro | Edmonton

Robert Pandini has received an Oscar nomination in the makeup and hairstyling category for his work on The Revenant.

"I'm floating," he said, reached Thursday on the Vancouver-area set of his next feature film. "My feet haven't been on the

ground since 5 a.m. (when the announcement was made) and I don't think I'm going to drop again for five or six

Pandini, who was born in

Edmonton and whose previous work includes Juno and Cairo Time, spent almost a year overseeing hair design on The Revenant.

High -15°C/Low -26°C Subarctic

Most of the film was shot in remote locations in Alberta and he describes the gruelling conditions and long days required to recreate frontier life in 19th century Montana — in winter, no less.

"The challenges of just trying to deal with the elements, and also just trying to make it all happen in the time period ... it was one of the hardest

films that I've ever done, but also one of the greatest things I've ever done.'

He emphasizes he couldn't have done it without the work of the

director and the other crew. "I knew I was involved in a great film with amazing people and you just put your head down and go to work," he said. "I just love what I do."

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Your essential daily news

Weekend, January 15-17, 2016

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Aaron Chatha Metro | Calgary

Anti-discrimination guidelines released by Alberta Education are under fire — from a Calgary Catholic bishop who calls them a totalitarian approach that must be rejected.

Bishop Fred Henry said in a post to the Calgary Diocese website that the guidelines showed no evidence of consulting with the Catholic community.

'God created beings as male and female," he said. "In his plan, men and women should respect and accept their sexual identity.'

Henry also blasted GSAs in his post as politicized ideological clubs, which seek to cure society of homophobia and heterosexism, saying that view of sexuality is not Catholic.

Education Minister David Eggen said his office has been working with Catholic boards and will be meeting with leaders in the Catholic community.

This is all part of an ongoing dialogue," he said, through a spokesperson. "This is how we build a greater understanding."

Angela Reid, board member of the Trans Equality Society of Alberta, said the group respects the bishop's right to his opinion, and the diverse beliefs of Albertans.

But, she added, "there's an expectation that the school system, being a creation of the provincial government, cannot discriminate in any way against the citizens of that government.'

Catholic bishop blasts guidelines Muslim student group event sparks controversy

Professor says speakers have made hateful comments



Sanam Islam Metro | Edmonton

An openly gay Muslim professor is raising concerns about what he says are hateful views of Muslim scholars invited to speak at the University of Alberta by a student association.

"Members of the Muslim Student Association have a right to believe what they believe," said Junaid Jahangir, an economics professor at the U of A, about three scholars that the Muslim Student Association has asked to speak during Islamic Awareness Week next week.

"The problem arises when they present speakers known to have spread misogynist, anti-Semitic and homophobic views," he said.



We encourage everyone to come and attend and ask the speakers questions.

Amna Hussain



Professor Junaid Jahangir wants the Muslim Student Association to be more careful about who they select to speak at their events. KEVIN TUONG/METRO

The Muslim Student Association has invited Abdullah Al Andalusi, Jamal Badawi and Abdullah Hakim Quickto to discuss the Qur'an for the event, which seeks to create a dialogue with students about Islam.

But Jahangir said he's uncomfortable because of past comments the speakers have made.

"One of the speakers is known to have referred to homosexuals as 'filthy, disgusting things.' That subjects vulnerable Muslim youth to hatred," Jahangir said, who added he has support from some local inter-faith leaders and other university professors.

As a Muslim, Jahangir said he's also worried the speakers may provide Islamophobes with more material to spread hatred.

Amna Hussain, an MSA executive, said the group collaborated with Muslim student associations across western Canada before selecting them.

She said, ultimately, the group has the right to invite

whoever they'd like. "We can't back down solely because a professor doesn't agree with them. That would be censorship, and we don't do that at a liberal arts university.

Hussain hopes people to attend the speaker sessions to make up their own minds.

"Instead of making allegations, we encourage everyone to come and attend and ask the speakers questions directly. They can clarify what they said and in what context," Hussain said.

During last year's Islamic Awareness Week, the U of A forced the MSA to move its speaker component off campus. Hussain said they were not given a reason but she assumes it's because other groups raised similar concerns.

"We felt there was a bit of censorship," she said. "Known Islamophobes have been invited (to speak) on campus before, but there was no issue with them being hosted."

A STEP IN THE RIGHT DIRECTION



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Ski Club fundraiser to help newcomers



The Edmonton Ski Club has launched a T-shirt fundraiser they hope will help get more people hitting the hill.

Half of the proceeds of the new shirt — a goggle-eyed view of the hill on the front and the #SkiYEG hashtag on the back — will help fund programs to

help newcomers to Canada and low-income kids go skiing. The rest will go towards the hill itself.

"Especially in this economy the funding just isn't there for these groups," says Ken Saunders, president of the Ski Club.

He says that through existing work with schools and groups like the Edmonton Mennonite Centre for Newcomers, the Ski Club has already identified about 1,000 who would like

to go skiing but don't have the funds.

"As much as it is about the ski club, it's about skiing in Edmonton," he says, "We're trying to reinvent winter and embrace winter."

Just off Conners Road in the River Valley, the 105-year-old Edmonton Ski Club is in the midst of what Saunders calls a "rebirth," spurred by a new master plan and the coming Valley LRT Line.

But with that will come, he hopes, a more diverse crowd.

One of the historical challenges is for a long time (the Edmonton Ski Club) was run like a private club, and the public was never warmly invited. Beginner skiers were never warmly invited," he says. "The Edmonton Ski Club is for everyone."

T-shirts can be ordered online or through the Ski Club for \$30 up until Feb 13, to be ready in March.



The parking requirements for new businesses will drop dramatically under the proposed changes that council will debate next Tuesday. KEVIN TUONG/FOR METRO

City could ease rules for parking

Current space restrictions a hindrance for restaurants



Ryan **Tumilty** Metro | Edmonton

A new city proposal will allow restaurants to worry more about their entrées and less about their parking.

City staff have drafted proposed changes to planning bylaws that will lower the parking requirement around Whyte Avenue, Jasper Avenue and 124 Street.

Senior planner Colton Kirsop said the pilot program will help the city align parking for restaurants with the kind of neighbourhoods they're working to create.

"We're trying to bring them in line with the type of main street environment that Edmontonians really enjoy," he

Parking requirements are currently determined by the size of restaurants. Under existing rules an average sized restaurant on 124 Street would need 50 spaces, but with the pilot that will shrink to just

On Jasper and Whyte, where restaurants tend to be smaller, the requirements will drop from roughly 24 spaces down to three.

Murray Davidson, executive director of the Old Strathcona **Business Association welcomes** the change.

"The majority of the people that are coming here are coming on public transit or walking," he said.

He said the issue has been a stumbling block for restaurants trying to open up.

Jeff McLaren, the executive director of the 124 Street Business Association, said the current rules have been a major problem attracting new businesses to his area.

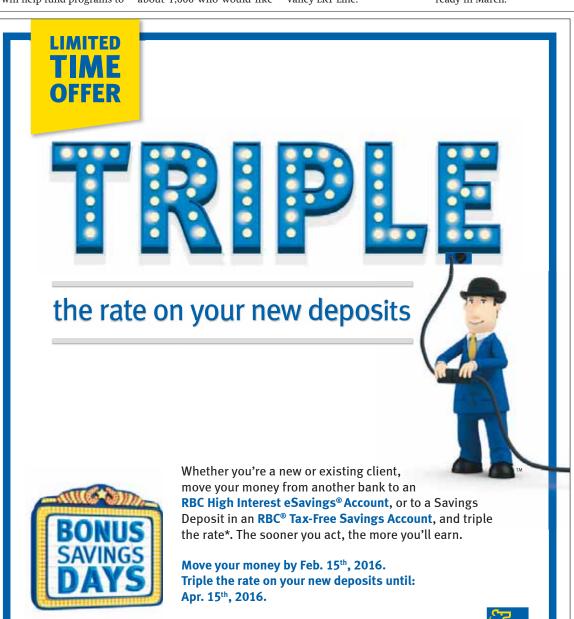
"The requirements that are in place right now are just not realistic," he said.

The city has allowed variances for business without enough parking 74 per cent of the time under the current rules, but McLaren said it's nerve-wracking not being sure if you will get approved.

"It has created a lot of uncertainty for the business owners,"

Coun. Scott McKeen said he welcomes the proposed changes to create more vibrancy. He said the city is going to have to work to ensure neighbourhoods don't become parking

"The onus is on the city to ensure that the neighbouring community isn't overrun,'



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next city election

But while atten-

tion may now have

focused on the price

of sprawl, Knack

said Edmonton and

Calgary struggle to

Union backs cabbies

Weekend, January 15-17, 2016



Edmonton's transit workers union is throwing its support behind the city's cab drivers.

Amalgamated Transit Union head Steve Bradshaw said Uber drivers should face all the same regulations that taxi drivers do including a cap on the number

'It's not right that someone comes in and says we don't care about the regulations," he said.

Bradshaw said taxi drivers are seeing their plates devalued with the potential flood of Uber drivers into the market. "Those people who have been abiding by the rules for all those years have been left out in the cold," he said.

Bradshaw said the union wants to support taxi drivers, who they believe are being treated unfairly, but that it's also worried about expansion of rideshar-



IN BRIEF

Mont. to decide whether to deliver sage grouse

Montana officials were set to decide Thursday whether to relocate dozens of sage grouse to Alberta, a plan opposed by some who say the state should bolster its own population first. The Montana Fish and Wildlife Commission will vote on whether to send 40 this year, followed by 40 more in 2018 and 2020. Canadian officials requested the relocation to aid in the recovery of its population, which is at about 120 of the chicken-sized birds. THE ASSOCIATED PRESS

Nenshi's move on sprawl signals municipal trend

INFRASTRUCTURE

Councillor says actual costs to cities not yet known



Calgary Mayor Naheed Nenshi appears to have opened a fractious debate in Alberta this week by asking developers to pay for suburban sprawl, just as a similarly polarizing argument in Edmonton has gained volume.

Nenshi and Calgary councillors voted unanimously Monday evening to scrap the city's so-called "sprawl subsidy," a decision Nenshi described in an op-ed as one of the "most important" of his time in office.

The subsidy saw Calgary pay to build infrastructure such as roads and sewers for new suburban developments but cost the city an estimated \$33 million in 2012 alone, according to Nenshi.

In Edmonton, city council

voted long ago to require developers to pay for infrastructure into new suburbs, but Nenshi's boldness has nonetheless re-invigorated Edmonton debates about the hidden price of that sprawl.

Edmonton Coun. Andrew Knack said Thursday the arguments will only intensify in the future as they are already part of the ongoing Municipal Govern-

Cost to the city to maintain just one Edmonton suburb over the next 50

> tally the true bottom-line cost. Both cities "don't really factor

in 2017.

(maintaining suburban infrastructure) into the cost of operating," Knack said, adding that simple road maintenance, snow

removal and park servicing in suburban neighbourhoods, "all incrementally add up."

Those costs are significant: a recent analysis of just one suburban development in Edmonton found it will cost the city more than \$350 million over the next 50 years to maintain.

Knack has pushed Edmonton's city administration to break down what's currently not counted, "which will help us truly understand the cost of growth," and he notes Edmonton is pushing for new ways to recoup such losses.





Scrapping sprawl subsidy not a magic cure: Expert

Kurt Borth, an expert on location efficiency at the University of Alberta, says Edmonton's experience charging developers for suburban infrastructure shows it isn't a silver bullet for sprawl.

"It's definitely better here," Borth said, noting Edmonton's policy — now replicated by Calgary to charge developers for roads, sewers and other infrastructure in suburbs.

But Borth said Edmonton's development pattern calls into question whether Calgary removing so-called "sprawl subsidies" actually make a dent in its sprawl and encourage infill development. "We've had a similar rate of suburban development," Borth said. When you compare our growth numbers, we're not stellar at infill comparatively. Is it working? I don't know."









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College offers scholarships to refugees



The future of 10 Syrian refugees is looking a little brighter after a college has pledged \$100,000 in scholarships to attend its school.

Weekend, January 15-17, 2016

ABM College president Mohammed Baten said the idea is simple: to give back.

"I was a refugee to this coun-

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try when I came, so I want to give back now," he said.

Baten said education is the key to success in Canada, and without scholarships like this, many refugees might not have the opportunity to attend postsecondary school.

"If you have an education in Canada, it's much easier to integrate into society," he said.

Million Tafesse, immigration consultant for Canadian Immigration and Employment Consulting Services, said there are many benefits to the gesture.

"This will, No. 1, help them achieve so many goals," he

"No. 2, they will get an education that is up to the western standard, which makes them employable quickly. And No. 3, they will improve their English language.

Nasreen Siddiqui, registrar at ABM College, said students will have the option of choosing from many courses that can lead to careers as medical office assistants, business administrators, massage therapists and legal assistants.

Siddiqui said that as a primarily immigrant-based college, they felt the need to do their part.

"When we came to the country, we were helped by many people and many agencies, and now it has to be continued,"



Kevin O'Leary cast a private-sector milestone as a prerequisite for being premier. RICHARD SHOTWELL/INVISION/THE ASSOCIATED PRESS

O'Leary vs. Notley: Round 2

POLITICS

Dragons' Den star thinking of running for public office



Tim Querengesser Metro | Edmonton

Fresh off his cheeky proposal to invest \$1 million into Alberta oil companies if Premier Rachel Notley were to step down — which Notley responded to in equally barbed terms — Kevin O'Leary now wants to up the ante.

The former Dragons' Den star and business titan told reporters Thursday that he's considering running for public office. And he linked the proposal to his frustration with Alberta's premier.

After O'Leary's \$1-million jab earlier this week, Notley fired back, saying a Toronto businessman had no business telling Albertans how to vote.

"She said, 'Bring it on,'" O'Leary said. "I'm bringing it on."

No matter what people may think of it, the energy industry drives the Canadian economy, he said, and if it is suffering, it's the company CEO — in this case the premier — who is to blame.

You should not be allowed to manage (the Alberta economy) or be the premier of that province unless you have made payroll for two years in a company with sales of over \$5 million," he said.

"I say the same for the prime ministership, I say the same for any leader of any province. If you haven't made payroll, you have no right to sit in that seat.'

That, he acknowledged, would disqualify many past prime ministers, including former Conservative prime minister Stephen Harper — someone about whom O'Leary seems to have mixed feelings.



If you haven't made payroll, you have no right to sit in that seat.

Kevin O'Leary

"I think Stephen Harper was doing a good job in terms of policy for the private sector and he enjoyed a long period of success there. However, you also have to be compassionate," he said. "Canadians are that way — they just are — and they are very inclusive, and the minute you go off the rails on a topic like that, it costs you immensely, and I think he found what the price of that was.

"I don't think politicians should dabble in social mores, in religion — their job should be to stabilize and grow an economy.' WITH FILES FROM THE CANADIAN PRESS



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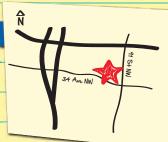


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10 Weekend, January 15-17, 2016

Edmonton | **metr** NEWS



Jason Norman, a local writer and publisher, is the founder of the group that wants to bring cheer. KEVIN TUONG/FOR METRO

A cure for Blue Monday

A local author has set up a lineup of artists to bring cheer



Δlex **Boyd** Metro | Edmonton

It's cold, it's dark and it's a Monday.

Blue Monday is the unofficial day in late January when all three collide in what is, anecdotally, the most depressing day of the year. This year, it's Jan. 18.

Luckily, local writer and publisher Jason Norman wants to

"This day is supposed to be so sad and depressing, so let's do the opposite of that," he says.

That's why he created Edmonton's first Blue Monday event, assembling a packed lineup of local musicians, comedians and poets to take the stage at the Mercury Room to try and counter the day's gloomy potential.

While the evidence that Monday is the toughest day of the year is disputed, Norman says that Edmontonians generally need some cheering up this time of year regardless.

"It's kind of pseudo-scientific, but I do think there's something to the post-holiday, post-Christmas letdown," he says.

The editor of the two 40 Below winter anthologies books, which collected stories about Edmonton in the coldest

This day is supposed to be so sad and depressing, so let's do the

> opposite of that Jason Norman

months, Norman is no stranger to the bittersweet experience that is Edmonton winter.

"My main message was always that winter time, especially in Edmonton, is something that is unique, and is something that can inspire art," he says. "But there is no doubt that it can affect people in numerous ways, like seasonal affective disorder."

Simon Gorsak is a well-

known local comic who has lived with depression since he was a child, and he says he jumped at the chance to perform at the event because while people often joke about the "winter blahs," it can be something more.

"Seasonal affective disorder is something that a lot of people suffer from, and it can make a person's existing condition worse," he says. "It's a pretty serious deal."

But however you're feeling about winter, Gorsak says the event promises to be a great sampler of Edmonton's arts community — something that doesn't happen as much outside of the summer festival scene.

"If nothing else people can take away from the fact that there is some exciting art happening mid-winter."

Western Canada's largest shooting range coming



Sanam Islam Metro | Edmonton

If all goes according to plan, Edmonton will be home to Western Canada's largest indoor shooting range this April.

Once it is fully operational, the Edmonton Shooting Centre will feature 24 lanes with 25-metre ranges, a retail space where guns

and equipment will be sold, a training academy and a membersonly lounge.

It will also have Canada's only 100-metre range, says the company's founder Hans Brink.

"We believe there's a demand for this kind of facility, " said Brink, a Canadian Armed Forces veteran. "We've been getting a lot of interest and people wanting to sign up to become members.

Currently, though, Brink has to

turn them away as he is waiting on the Canadian Firearms Centre (CFS) — the controlling agency for businesses such as his — to grant him a licence.

He is also awaiting final confirmation from the city on the 38,000-square-foot warehouse in north Edmonton that will house the centre.

Brink said he expects both processes to be completed by next month.

He says he is aware of the recent increase in gun thefts and gun-related crime in Edmonton, but says that that is what the CFS is there for.

"They make sure that our facility will be safe and compliant. If we secure the guns we have in the store, prevent theft and make sure licensed users are the only ones able to enjoy the firearms, then we've done everything we can to ensure public safety," Brink said.



Uber launched in December 2014 in Edmonton. METRO FILE

Uber's appy birthday

RIDESHARING

With one year here, company hopeful about bylaw changes



As Uber celebrates a year in operation in Edmonton, staff said Thursday they're optimistic changes in the city's proposed rideshare bylaw will keep them in business.

The company's general manager, Ramit Kar, said initial concerns they had about fees for drivers appear to have been worked out with a new proposal coming forward to have small fees charged

on each ride, rather than one upfront cost to the driver.

"It scales to the size of the business and it's what works in jurisdictions that have been regulated," Kar said.

He said, while they haven't seen the final rules, he believes the company will be able to stay in Edmonton.

"From what we have seen so far I am optimistic we can continue operating in a regulated environment," he said.

The company launched in Edmonton in December 2014, but celebrated its birthday Thursday with a promotion that delivered free cupcakes to people who request them.

Kar said the company has signed up about 4,000 drivers in Edmonton and has had 90,000 people in the region download the app. He declined to talk about the company's revenues in the city. He said the city has been a great market for Uber.

"We have seen hyper rapid growth that brings us where to we are today," he said.

The city's bylaw requires that rideshare drivers have both insurance and licences that are

acceptable to the province. Kar said conversations with the provincial government are also going

Uber driver Derryn Donaghey said he's found the work reward-

We can continue

operating in

a regulated

environment.

Ramit Kar

"It's nice being able to come to work and people get in your vehicle with a positive look on their face," he said.

Grant Sanderson, general manager at Whyte avenue restaurant MKT said staff and customers often had difficulty flagging a cab on Whyte.

"With high volume for other transportation options that are out there, Uber has proven to be reliable for our guests," he said.

Pengrowth fined \$250K for pipeline leak

A Calgary-based company has been fined over a pipeline breach that spilled 537,000 litres of oil emulsion in northern Alberta over 48 days.

The Alberta Energy Regulator says Pengrowth Energy Corporation failed to properly detect, report and deal with the spill near Red Earth Creek.

The regulator says the mixture of oil and oilwell salt water leaked between Dec. 1, 2013, and Jan. 18, 2014, before the company became aware of the spill.

Pengrowth has been fined \$250,000 for breaching Alberta environment and public lands laws.

Rob Borth, the regulator's director of enforcement, says in a report that Pengrowth lacked knowledge, training and management oversite of the pipeline.

He says those shortcomings included being able to

"Aggravating factors include indicators of the poor performance and operation of the pipeline were not well understood, incorrect assumptions were made by field staff and procedures were not followed," says the report posted on the regulator's website Thursday.

"I find Pengrowth lacked diligence concerning the failure to report the release, failure to remediate and for the loss or damage to public

Officials at Pengrowth were not immediately available for comment.

The company's website says Pengrowth is an intermediate Canadian oil and natural gas producer with more than 27 years of operating history.

The regulator says the company has since cleaned up the area affected by the spill. THE CANADIAN PRESS

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ATB Financial forecasts the petroleum industry will continue to shed jobs due to the unrelenting drop in the price of oil. LARRY MACDOUGAL/THE CANADIAN PRESS

Glum six months ahead, ATB says

Clouds should lift by end of year: Expert

Alberta's Crown-owned bank is predicting the first six months of this year will be the roughest yet in the current economic downturn.

ATB Financial is forecasting the petroleum industry will continue to shed jobs due to the unrelenting drop in the price of oil, with Fort McMurray and Calgary taking the hardest hit.

"We do see the first half of 2016 probably being the toughest months of this recession for Albertans," ATB chief economist Todd Hirsch said Thursday.

"We will see more contractions in the economy, we will see more layoffs and that will

add to a heightened unemployment rate.

Hirsch said the provincial unemployment rate could climb to eight per cent from seven per cent by the middle of the year.

Alberta's unemployment rate in January 2015 was 4.7 per cent.

The ATB report forecasts weaker consumer demand for housing and retail products. It also says it is possible that more people will leave Alberta than move to the province.

Hirsch said the economy is expected to start turning around by the end of the year.

"By the end of 2016 we do see some of these heavy clouds of pessimism start to lift off the province, but the first half of the year will be tough for a lot of people."

The ATB report comes a day after Alberta's NDP government announced a freeze on the salaries of 7,000 public sector managers for two years in the face of dropping oil and natural gas revenues.

The salary freeze is expected to save the province \$57 mil-

Opposition critics have called the measure a drop in the bucket when Alberta is forecasting this year's budget deficit to be \$6.1 billion.

Despite the gloomy forecast, there are some pockets of optimism in ATB's economic outlook.

The report says other sectors of Alberta's economy, such as agriculture, forestry and tourism, are doing well, due in part to the weak Canadian dollar.

But Hirsch said even when measured together, their effect on the economy will not offset the steep drop in the price of oil.

THE CANADIAN PRESS

Flu-related deaths at five this year, says senior AHS doctor

Alberta Health Services says there have been five flu-related deaths in the province since the beginning of the year and four of those who died had not been immunized.

AHS says the fifth was a child who had received only one of two doses of the influenza vac-

The child was one of two people under 18, two were 65 or older and one was between

AHS senior medical officer of health Dr. Gerry Predy says the province is in the early stages of an "influenza outbreak" with 84 hospitalizations and 283 labconfirmed cases.

He's urging anyone who hasn't got a flu shot to get one.

The doctor says influenza is a serious illness that causes people to get very sick and some to die — and it's preventable.

"People always talk about what can we do to prevent

"Well, here's a preventable disease that people aren't taking advantage of preventive measures."

AHS has ordered two million doses of the flu vaccine for this season and so far just over a million people have received the shot.

THE CANADIAN PRESS



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Civil liberties group looks into carding



The Rocky Mountain Civil Liberties Association isn't sure if police carding is an issue in Alberta, but they're trying to get some data to find out.

The group has submitted a request under the Freedom of Information Act and they plan on making the results public once they receive them.

Carding is defined as a police officer asking a citizen for ID, noting information from it, and keeping that information in a database.

Kelly Ernst, president of the association, said they received a few calls in November from people with questions about carding, and didn't feel they were qualified to answer those questions.

"At the time, CPS were in the news saying carding is not an issue in Calgary," said Ernst.

He said aside from citizens, they've also heard from individual police officers who say it is a problem.

Sat Parhar, acting deputy chief with Calgary Police Service, said the issue of carding seemed to arise in Toronto, where police were going into economically depressed areas and asking for IDs.

He said his understanding is that police were sometimes ask-

ing random people for ID.
"In Calgary that doesn't hap-

pen, said Parhar. "In Calgary you have to have lawful reason to talk to a person."

Parhar said if an officer does have a lawful reason for stopping a pedestrian, they may fill out a checkup slip and that information goes in a database.

He said CPS is reviewing and updating their policy, in part based on what happens in Toronto. "We want to make sure we aren't infringing on the public and their privacy," he said.



Reuben Miranda, an Edmonton Grade 5 student, helped build a Lego robot that disposes of trash, kevin tuong/for metro

Boy makes robot a mom could love

EDUCATION

North Alberta student will go to Lego League Championship



Sanam Islam Metro | Edmonton

For the last three months, 10-year-old Reuben Miranda has been spending a lot of time playing with Lego.

But unlike other kids his age, he's been using it to build a robot that gets rid of trash.

"I'm a super big fan of Lego. You can build awesome things with it, and maybe one day people can build real things out of the things you make with Lego," said Miranda, who attends Grade 5 at the Progressive Academy.

Miranda is one of about 300 elementary and middle school students from Northern Alberta competing in Edmonton's Lego League Championship, Saturday.

The winners will qualify to participate in the North American championship in California in May.

Organized by a non-profit called For Inspiration and Recognition of Science Technology (FIRST), participants are asked to build Lego-engineered robots to tackle various problems. This year, as part of the "Trash Trek" theme, students were asked to think of ways to make less trash or improve the way trash is disposed of.

'It's about helping our environment. Our robot is trying to figure out all these missions to help save the world," Miranda said.

Led by a teacher, Miranda and seven other team members from grades 3 to 5 created a robot using components such as Lego pieces, wheels, motors, sensors and programming software.

Among other tasks, the robot can connect to a Lego building with a trash sorter and separate "trash" based on the type of piece and size. It can also navigate a field, detect "trash" using touch sensors, pick it up and return



Our robot is trying to figure out all these missions to help save the world

Reuben Miranda

During the competition, Miranda and his team members will face 12 challenges, during which they will have to attach specific pieces to their creation and run the relevant program before the robot begins its task.

"I'm really excited about the tournament. We're new this year, so I don't think we'll win, but I'm looking forward to seeing the team compete and see what we can learn from other teams,"





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Prime Minister Justin Trudeau and Jennifer Flanagan, centre, President and CEO of Actua, after taking part in a virtual reality tour at the new Google Canada Development headquarters in Kitchener, Ont., Thursday. NATHAN DENETTE/THE CANADIAN PRESS

Diversity key to economic growth: PM

Shifting away from reliance on oil and other commodities is key to Canada's economic recovery and future growth, an upbeat Prime Minister Justin Trudeau said on Thursday.

Speaking at the opening of Google's new Canadian headquarters, Trudeau acknowledged the pain many people are feeling amid an unprecedented

"We saw the trend lines coming," Trudeau said. "That is why we put forward an ambitious agenda to invest in Canada, to count on Canadians to be able to bounce back from low commodity prices by diversifying."

Despite the "difficult times," Trudeau said he was optimistic about the country's prospects,

saying the opening of Google's 17,000-square-metre facility was an example of the "positive news" in the economy.

Canadians, he added, have much to offer the world in terms of innovation.

"There are tremendous bright spots," he said.

Trudeau spoke of the increasing importance of the high-tech sector, with computers and how to program them critical to success in a world undergoing 'extraordinary changes.

Earlier in the day, the Liberal prime minister visited Black-Berry's HQ, and stopped by at the University of Waterloo to announce \$12 million for research into clean-water technologies. THE CANADIAN PRESS

Federal crime plan reviewed

PUBLIC SAFETY

Prevention tactics studied for success



Michael Woods Metro | Ottawa

The Liberal government is planning to put hundreds of Conservative crime-prevention initiatives under the microscope to determine which ones worked and which ones didn't.

A request for proposals issued Wednesday says Public Safety Canada is launching a year-long study examining the sustainability of crime prevention projects the department has funded.

Starting in 2006 - when Stephen Harper's Conservatives took office — the department has funded about 800 crime prevention projects under the National Crime Prevention Strategy, originally pegged to have a \$43-milion annual budget, but which suffered \$29 million

The strategy's current priorities, the RFP says, are to address early risk factors among children, youth and young adults at risk of offending.

The study would review a

sample of the 800 projects to determine the extent to which they have been sustained beyond government funding; in other words, which ones were adopted by non-governmental agencies and other levels of gov-

A final report would be due this November, with a presentation to department officials in mid-December.

The RFP says Public Safety has been researching and reporting on the impact of its crime prevention projects for the past eight years "in order to demonstrate what works in crime prevention in Canada."

"Currently, (Public Safety) research efforts are focusing on the sustainability of successful, evidence-based crime prevention projects beyond NCPS funding."

The department has yet to respond to questions about the crime prevention strategy.

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Disabled boy tossed in dumpster

When his 13-year-old son came home late from school last week, John Morrissette figured he had just gone on "one of his walks.

It wasn't until the next day that Morrissette found out his intellectually disabled boy, Jean-Micheal, had been found in a Winnipeg garbage bin as temperatures dipped to -15 C.

Morrissette said his son had been assaulted by two men, thrown in the Dumpster and left to freeze. He was found a few hours later by a woman who let him out.

"I was very angry with the guys who would do this to my son," Morrissette said in an interview Thursday. "You can see he's a harmless child. He doesn't talk much. He keeps to himself and two men have hurt him.'

The young teenager wasn't seriously hurt, but Morrissette said he's not letting him walk home alone anymore. The father's faith in humanity is a little

"Are we that wrecked of a so-



John Morissette, right, with his son Jean-Micheal, 13. THE CANADIAN PRESS

ciety that we don't care about our children, no matter what capabilities they have? That we can't help them? We can't protect them?"

The family contacted police, who are investigating. Morrissette said he cannot believe there are people out there who would pick on a young boy simply walking home from school.

He's only been able to get bits and pieces of what happened from Jean-Micheal who is "too scared to talk about it."

Nicole Langlois, who works

nearby, told CTV Winnipeg that she heard faint cries for help as she walked past the large garbage container, but couldn't pinpoint where they were coming from. A gut feeling made her return a few hours later and she found the boy sleeping and covered with garbage.

"All he kept saying was, 'Help. They pushed me in here, Langlois said. "I kept trying to talk to him and ask him who and he didn't talk back to me."

Words can't describe how grateful the family is to Langlois, Morrissette said.

"She's my son's angel," he said. "I thank her every day."

The family is appealing to anyone who might have seen anything to come forward.

"Be my son's voice, somebody."" THE CANADIAN PRESS



You can see he's a harmless child. He doesn't talk much. He keeps to himself and two men have hurt him.

John Morrissette

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INDONESIA

ISIL claims responsibility for bombing; 3 men in custody

Indonesians were shaken but refusing to be cowed a day after a deadly attack in a busy district of central Jakarta that has been claimed by the Islamic State of Iraq and the Levant (ISIL).

In a new development, police on Friday told an Indonesian TV channel they arrested three men on suspicion of links to the attack that killed seven people including five attackers.

The area near a Starbucks coffee shop where the attack by suicide bombers and gunmen began remained cordoned off with a highly visible police presence Friday.

Onlookers and journalists lingered nearby, with some people leaving flowers and messages of support. A large screen atop the building that houses the Starbucks displayed messages that said "#prayforjakarta" and "Indo-

Newspapers carried bold frontpage headlines declaring the country was united in condemnation of the attack, which was the first in Indonesia since 2009.

Depok area police chief Col. Dwiyono told MetroTV that the three men were arrested at dawn at their homes in Depok on the outskirts of Jakarta.

Dwiyono says the men are suspected militants and are being questioned over possible links to the attack Thursday.

MetroTV broadcast footage of the handcuffed men being escorted by police.

Risti Amelia, an accountant at a company near the Starbucks restaurant said she was "still shaking and weak" when she returned to her office Friday.

Two civilians were killed in the Thursday morning attack, an Indonesian and a Canadian. Another 20 people were wounded.

Jakarta police chief Maj. Gen. Tito Karnavian has said the attackers had links to ISIL and were part of a group led by Bahrum Naim, an Indonesian militant who is now in Syria.

A message shared on Twitter late Thursday claimed the attack was the work of ISIL, and the U.S.-







 A bouquet of flowers is placed in front of the explosion site on Thursday. GETTY IMAGES 2 The Starbucks cafe where an attack took place displays the message "Pray for Jakarta." THE ASSOCIATED PRESS 3 Indonesian servicemen stand guard as police collect evidence from the site. AFP/GETTY IMAGES

based SITE Intelligence Group said it was circulated among pro-ISIL groups on other media.

The message said attackers carried out the Jakarta assault and had planted several bombs with timers. It differed from Indonesian police on the number of attackers, saying there were four. It said they wore suicide belts and carried light weaponry.

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Jakarta is no stranger to terrorism, with the 2009 bombings of two hotels that killed seven people and injured more than 50. The bloodiest attack by Islamic extremists in Indonesia - and in all of Asia - was in 2002, when a nightclub bombing on the resort island of Bali killed 202 people, mostly foreigners.

Those and others were blamed

on the al-Qaida-inspired Jemaah Islamiyah. Following a crackdown by security forces, militant strikes in recent years have been smaller and less deadly, and have targeted government authorities, mainly police and anti-terrorism forces. Experts say ISIL supporters in Indonesia are drawn from the remnants of Jemaah Islamiyah. THE ASSOCIATED PRESS

Canadian

A Canadian man was killed in Indonesia's capital Thursday when gunmen launched a series of co-ordinated attacks police said were linked to the Islamic State of Iraq and the Levant.

Jakarta police chief Maj.-Gen. Tito Karnavian told a news conference that the first attack — a suicide bombing — happened at a Starbucks, causing customers to run outside, where two gunmen opened fire, killing the Canadian and wounding a bystander.

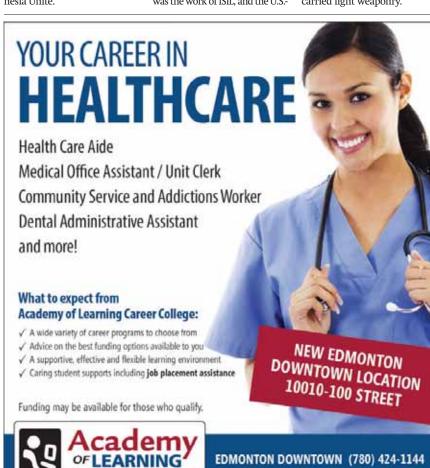
Two other suicide bombers attacked a nearby traffic police booth, killing themselves and an Indonesian man.

Shortly after, Karnavian said, a group of policemen was attacked by two remaining gunmen, using homemade bombs. This led to a 15-minute gunfight, he said.

All five gunmen were killed and 20 people were wounded in the attacks, police said.

Canadian Prime Minister Justin Trudeau said Ottawa was working with Indonesian authorities to confirm the reports of a Canadian killed in the attacks.

'The hearts of Canada and Canadians go out to the people of Indonesia and all the families and victims of these terrible attacks," he said. THE CANADIAN PRESS



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These refugees were among those sent from Bavaria to Angela Merkel's chancellery in Berlin.

Syrians rerouted to Merkel on bus

31 refugees transported to Berlin from Ravaria

A bus carrying 31 Syrian refugees arrived from southern Germany in Berlin on Thursday night as a district councillor in Bavaria followed up on his pledge to Chancellor Angela Merkel that he'd send refugees her way if his district could no longer provide accommodation for them.

The act came amid ongoing concerns about how Germany will deal with the 1.1 million asylum-seekers that flooded in last year. Peter Dreier, a Landshut district councillor, said he wanted to "send a sign that refugee

Ebola death in Africa after WHO said epidemic over

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SOCIATED PRESS

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policy cannot continue like this."

Dreier said he had talked with Merkel on the phone last year. He said he warned her that Landshut was reaching its capacity for housing asylum-seekers and told her he'd put refugees on buses to Berlin if his district could no longer handle the influx.

The bus arrived shortly after 6 p.m. (1700 GMT) in front of Merkel's chancellery in the centre of Berlin. Several police officers shielded the 31 refugees from reporters as officials asked them to board another bus waiting nearby that was to take them to local shelters. However, the refugees refused to leave the bus and after a two-hour wait in front of the chancellery, the bus left for an overnight accommodation.

Merkel's spokesman Steffen Seibert said in a statement that

the city of Berlin had agreed to offer accommodation for the refugees for their first night in Berlin.

The refugees thought of the trip to the German capital as an opportunity and were upset when they found out they had been used by Landshut politicians to make a stance against the federal government's policy, both outlets reported.

Landshut spokesman Elmar Stoettner told The Associated Press earlier on Thursday that all 31 refugees on the bus had been granted asylum in Germany and volunteered to participate in the bus trip.

The federal government has also pledged to provide more than 1 billion euros (1.08 billion dollars) annually until 2019 for social housing, Seibert pointed out. THE ASSOCIATED PRESS

Turkey hits key ISIL positions in Iraq, Syria

Health Organization declared Thursday an end Turkish tanks and artillery have to the deadliest Ebola attacked the Islamic State of outbreak ever, the dis-Iraq and the Levant positions in ease was confirmed to Iraq and in Syria in retaliation have killed one person in for the suicide bombing in Is-Sierra Leone. tanbul which killed 10 tourists, The WHO had declared Turkish Prime Minister Ahmet an end to the deadli-Davutoglu said Thursday.

Close to 200 extremists were "rendered ineffective" — the government's term for "killed" in the offensive in the past 48 hours, Davutoglu said.

It was unclear how Turkey verified the number of dead or their membership in the extremist group.

He spoke a day after Kurdish rebels detonated a car bomb at a police station in southeastern Turkey, then attacked it with rocket launchers and firearms. Six people were killed including civilians, officials said. It was a further sign of the deteriorating security situation as the country grapples with both the Islamic extremists and the rebels who have intensified attacks in the country. THE ASSOCIATED PRESS



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ada will cut interest rates next week in response to the economic hit from slumping oil prices.

The move should lead to lower borrowing costs for consumers and businesses, which could boost spending and put pressure on a falling loonie. That, in turn, could help boost exports.

However, economists cautioned that

after eight years of record low rates, a cut could have mixed results. They said the price of houses in overheated markets like Toronto and Vancouver could potentially be boosted, while only modestly helping drive exports.

The Bank of Montreal and

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join a chorus of forecasters predicting a quarter-point cut in the central bank rate on

> per cent and mark year the bank has

Wednesday, citing the Bank of Canada's quarterly Business Outlook Survey, which showed business investment and hiring intentions at their lowest level since the Great Recession of 2008-09.

TORSTAR NEWS SERVICE

IN BRIEF

Wikipedia gets another source of cash

Wikipedia is getting additional money as it turns 15 on Friday. A new endowment created for it will start with \$1 million US donated by Jim Pacha, a software engineer who died in 2014, with a goal of \$100 million by 2026.

Canada's current key overnight interest rate.

That would take the rate back down to a record low 0.25 the third time in a cut rates to prop up the economy.

Toronto-Dominion Bank chief economist Beata Caranci first raised the pos-

sibility of a rate cut in a note

Economists predict rate cut next week A growing number of economists predict the Bank of Commerce are the latest to ada will cut interest rates next of a chorus of forecasters and a will cut interest rates next of commerce are the latest to ion a chorus of forecasters and a will cut interest rates next of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of forecasters of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the latest to ion a chorus of commerce are the la

STREAMING VIDEO

Company vows to shut down use of proxy services

Netflix says it's planning on cracking down on users who use virtual private networks and proxy services to view content not available in their countries.

Many of the company's distribution deals with major studios and content providers are negotiated on a regional basis, meaning certain titles are only available to users in certain countries.

Some Canadians use VPN services to stream Netflix movies and TV shows available in the United States, which according to the website Netflixable has around twice as many available titles. The U.S. version of Netflix also features more Hollywood blockbusters and recent seasons of popular network shows than its Canadian counterpart.

In a blog post, David Fullagar, Netflix's vice-president of content delivery, said the company is making progress in licensing content across borders, but is now implementing new measures to end the use of so-called unblockers and other proxy services.

The company has always been against the use of such services and has said it takes measures to shut them down, but Fullagar said the company is "evolving" its approach to the problem and the new strategy will be in place in the coming weeks.

According to a April 2015 report by Media Technology Monitor, roughly two in five English-speaking Canadians has a subscription to the videostreaming service, with nearly one-third saying they had accessed the American version of the service.

THE CANADIAN PRESS



One-third of Canadian subscribers admit using unblockers to access the American version of Netflix. ISTOCK/GETTY IMAGES

Hootsuite founder creates cardboard desk



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Hootsuite founder Ryan Holmes made his first billion dollars developing a social media platform, but his latest business idea came from an experiment with decidedly low-tech cardboard boxes.

Holmes announced Wednesday the launch of his new company Oristand, which sells easy-to-assemble, ergonomically correct cardboard stand-up desks for \$25 US (\$35 CDN) — a



The Oristand stand-up desk created by Hootsuite founder Ryan Holmes. CONTRIBUTED

fraction of the price of typical stand-up desks that sell for at least \$200.

A sore back and a desire to try out standing at the office without a major investment gave Holmes the idea to build cheaper stand-up desks, Oristand co-founder Steve Suchy

Suchy, who works in architecture and interior design, developed five or six prototypes before landing on the current design, which has no fasteners and goes between sitting and standing "quite effortlessly."

And the company is bullish

that people will spend \$25 on material they typically throw in the blue bin. The product is precisely designed for easy setup and takedown and is less than an inch thick when flat so can be stored easily.

"We suspect they should last several years at least, which is probably a little more than you'll get out of your average cardboard box," Suchy said.

The cardboard boxes are manufactured in Seattle and come in one size and three different colours.

They can be purchased at oristand.co.



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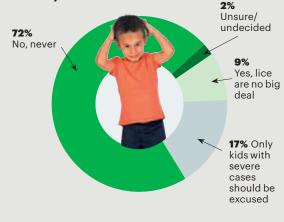
Your essential daily news

Weekend, January 15-17, 2016

The facts of lice

School boards across the country, on the advice of the Canadian Paediatric Society, are revoking the rule that children with head lice must stay home from school. A few creepy crawlies — which cause only mild itching and don't spread disease — are no reason to interrupt kids' education, the society says. Head lice don't spread disease (just embarrassment and anxiety) and many kids who are found to have nits don't actually have lice, leading to a lot of unnecessary absences. So why the uproar about letting lousy kids in the classroom? We asked our readers

1 Should children be allowed to attend school if they have lice?



to have your say.

Visit metronews.ca

2 Have your children or anyone in your family ever had to deal with lice?



3 If you are OK with kids who have lice attending school, why?

66% I'm not OK with that!
11% Sending kids with lice home is stigmatizing
11% Lice are not worth interrupting education over
4% You can't keep ahead of lice, no point in trying
4% Lice is not that big a deal
4% Other

It's more embarrassing for children to attend school with lice than stay home until they are treated.

The problem was neverending when my four children were small. It's not a disease, it's an everyday issue.

A 24-hour rule is enough as long as the parent does their part.

Between the shampoo and the coin laundry, lice end up costing hundreds of dollars to get rid of.

WE ASKED Metro readers

Time to crack up the myth of mid-life crisis



Genna Buck Metro | Toronto

Watch out for that mid-life crisis. Dad will fall into a deep depression and climb out with a shiny motorcycle and a halfhis-age girlfriend to match.

Until recently, that idea was both accepted science and conventional wisdom.

But a new study — the first to follow Canadian adults' happiness over a long period of time — tells a different story.

The paper, in the journal Developmental Psychology, throws cold water on the notion of a mid-life crisis. Put scientifically, it challenges the theory that happiness (the measure of how satisfied people report they are with their lives overall) follows a U-shaped curve throughout life (carefree youth, miserable middle age, happy old age).

The researchers used two

Canadian data sets, representing about 1,600 people. One followed a group from age 23 to 37 and asked them periodically about happiness — and each time, they reported feeling happier on average. The set looked at a different group from age 18 until 43. They said they were happier from their teens to 30s, with just a very slight drop at 43.

"We can't read too much into that," said Nancy Galambos, the lead author and a professor of psychology at the University of Alberta. "Even with that slight dip, they were much happier at age 43 than they were, on average, at age 18 or in their early 20s."

Because this was a longitudinal study (it followed the same people over time), I'm apt to trust it over past "snapshot"-style studies that surveyed people of different ages and concluded happiness dips in mid-life.

That method is flawed,

Galambos says. We don't know how today's teenagers will feel in their 40s. Asking today's 40-year-olds won't get us closer to the answer. And one-off studies often reflect ups and downs, not trends. Immediate circumstances (work stress, kids-stress, etc.), at the time a person is answering a survey can throw off the results.

So why does life look up as we get older? Stability. Being young is stressful and uncertain. Gainful employment tends to make people happier, and that comes with time, Galambos said. The same is true of being married, so it's not surprising that younger adults — who have left the nest, but have yet to form their own families - tend to be unhappy. As we age, we get better at regulating our emotions, the study says. In layman's terms, we wise up.

But the mid-life crisis thing seems to be baloney. "There are crises across the lifespan. Some of them happen in mid-life," Galambos said, but "People really believe in the mid-life crisis. People count on one." And that's a problem, because middle-aged people may assume the inevitable crisis has hit when what's really going on is a mental health issue.

Bottom line: Most of the people studied became happier over time. And that's a nice thought. Flailing Millennials can look forward to settling down. Middle-aged folks can stop waking up every morning and wondering if the time has yet arrived to crack up. And if you're elderly, there's more good news: The literature pretty clearly shows we continue to get happier as we age. Perhaps you could devote part of your twilight years to helping the rest of us calm down.

Genna Buck is a science writer and a section editor at Metro. Follow her on Twitter @genna buck.

ROSEMARY WESTWOOD

metroview

They's the word of the year, and for good reason

It's award season, and "they" won

The American Dialect Society, which hosts what it considers the premiere word-of-the-year event, voted "they" as the winner for 2015 — particularly, "they" in the form of a third-person singular pronoun to refer to gendernonconforming people.

They're right, of course.

As are the many like-minded others (including the Washington Post). It should be used. Both because reality necessitates a common pronoun that can be applied to people who are not he or she, and also because every person deserves to be referred to accurately and respectfully.

curately and respectfully.

As a writer, however, "they" has been hard to swallow.

For a least the last few years, and especially when writing about trans issues, I've had sources ask to be referred to as "they." I never denied that request. But I never completely acquiesced.

Instead, I avoided pronouns altogether, and wrote around the problem.

"They" has long been used in a way (e.g., "Everybody loves their mom" instead "Everybody loves his or her mom") that bothers no one who isn't a hardline grammarian. Shakespeare, Jane Austen, you and me — we're all fine with it.

But some uses of "they" sound off-kilter to me. To wit:

"Susie loves her mother, and they loves their father too."

Or, more likely to arise in my work, "I love my mother," Susie said. And their father, they added."

Clunky, no? Jarring, too. Like walking off the sidewalk curb without expecting to.

It's all English's fault. Other languages have gender-neutral pronouns; their speakers haven't spent years concocting stand-ins with no consensus. Among the offerings over the years: "ne," "e," "thon" or "jee." Some universities, including Harvard, let students self-identify on registration forms as "ze," "e," or "they."

Bill Walsh, a copy editor at the Washington Post and keeper of the paper's style guide, called "they" "the only sensible solution to English's lack of a gender-neutral thirdperson singular personal pronoun." Increasingly, there is a consensus around "they," and we should be grateful. It is much, much better than "ze."

I'd even argue it's a win for so-called prescriptivists those who prize the rules of language, as opposed to the fluidity of its usage.

If "they" becomes the agreed-upon pronoun for those who are not hes and shes, then we have a new and very useful rule.

And as someone who's often found rules comforting, this, too, is welcome.

Elegance will have to wait.



John Cruickshank

VICE PRESIDENT & EDITOR

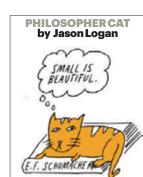
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Your essential daily news

MOVIES MUSIC TELEVISION DIGITAL

Acting tough under pressure

13 Hours' Pablo Schreiber on working with Michael Bay

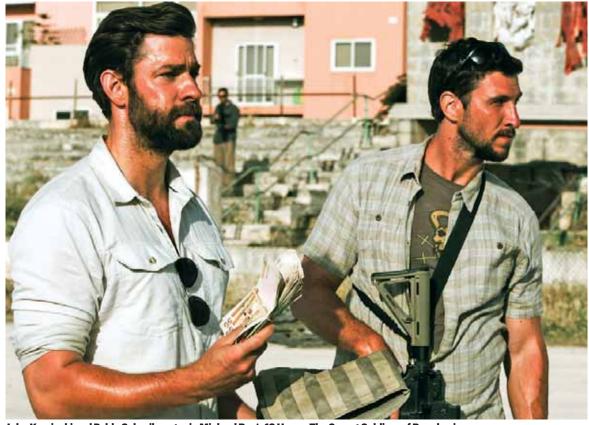
Richard Crouse For Metro Canada

Making a war movie is hard work, with long hours and tough conditions. According to 13 Hours: The Secret Soldiers of Benghazi star Pablo Schreiber, making a war movie with Michael Bay is extra difficult.

Everyone who has worked with Michael Bay has told me the set can be a challenging place to work," he says of the Transformers director. "I got all these stories to prepare but ultimately nothing anybody says can prepare you for that experience. He works faster than any director working. We do about 75 set-ups a day, which is massive especially when each of them is like its own action sequence. It's an insane amount of work. He demands a lot from you. It's very necessary that you come prepared, that you are ready to perform any piece of the movie at any given time."

The Canadian born actor and winner of the We Love to Hate You Award at the 2014 Young Hollywood Awards for his work as George "Pornstache" Mendez on Orange Is the New Black, says Bay took him by surprise during the 2015 shoot in Malta.

There's a scene at the end



John Krasinski and Pablo Schreiber star in Michael Bay's 13 Hours: The Secret Soldiers of Benghazi. CHRISTIAN BLACK/HANDOUT

where a convoy is rolling in and we don't know if they are friendly or bad," he says, "and it is one of the emotional peaks of the movie. For me it was a scene I had checked off as an actor as one I had to be ready and prepared for. Then he shot it a week before we were supposed to shoot it. I had about five minutes to prepare. He said, 'Let's go on the roof and get that last sequence.' He started setting up cranes. To be ready at any moment for whatever he's going to throw at you is very important. As actors, all six of us ended leaving there feeling

like if we had gotten through that experience we could deal with anything.'

When I ask if the chaotic set conditions were Bay's way of notso-subtly exposing his actors to the same kind of unpredictable situations their characters were dealing with, he laughed.

"I'm not sure how much forethought was put into that vibe, but it was definitely effective and it works. As actors we were constantly disoriented and didn't quite know where we were and didn't know where we were going to be on any given day."

Schreiber plays Kris "Tanto"

MOVIE RATINGS by Richard Crouse

13 Hours: The Secret Soldiers of Benghazi ★★★

Ride Along 2 ★★★

Norm of the North ★

HOW RATING WORKS

SEE IT WORTHWHILE UP TO YOU SKIP IT

Paronto, a former U.S. Army Ranger who was one of six CIÁ security contractors working in Benghazi, Libya on September 11, 2012, when well-armed Libyan militants — using weapons pilfered from former Prime Minister Muammar Gaddafi's abandoned arsenals - invaded the American embassy. Their attempt to rescue ambassador J. Christopher Stevens and Foreign Service Information officer Sean Smith led to a harrowing thirteen-hour battle.

The 37-year-old actor met Tanto and says he felt a great responsibility in playing a real person who was on set and would eventually see the film but adds that director Bay tried to keep show the humanity of the story's heroes.

'Michael Bay made this movie and he normally make these big extravaganzas but this is not a superhero movie," he says. "This is a movie about very, very real human beings who behaved extraordinarily under the most difficult circumstances.'



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IN BRIEF

Céline Dion's husband dies after cancer battle

René Angélil, the entertainment maestro who guided Céline Dion to superstardom and then married her, has died, according to Francine Chaloult, a spokeswoman for Dion. He was 73.

Chaloult said Angélil died Thursday morning at his home in Las Vegas. Coroner John Fudenberg said in a statement that Angélil died of throat cancer and no further investigation into his death was

Angélil had been battling a recurrence of throat cancer since initially undergoing surgery for the condition in April 1999. He had to undergo another operation in December 2013.

Angélil stepped back from the day-to-day management of his megastar wife's career in June 2014. He turned it over to longtime friend Aldo Giampaolo, a noted impresario himself in Quebec, but remained involved in key decisions.

THE CANADIAN PRESS

Goodbye dear villain

Alan Rickman, of Harry Potter and Die Hard, dies at age 69

British actor Alan Rickman, a classically-trained stage star and sensual screen villain in the Harry Potter saga and other films, has died. He was 69.

Rickman's family said Thursday that the actor had died after a battle with cancer.

Trained at the prestigious Royal Academy of Dramatic Art, Rickman was often cast as the bad guy; with his rich, languid voice he could invest evil with wicked, irresistible relish. His breakout role was as scheming French aristocrat the Vicomte de Valmont in an acclaimed 1985 Royal Shakespeare Company production of Christopher Hampton's Les Liaisons Dangereuses.

Film roles included the psychopathic villain Hans Gruber in Die Hard in 1988; a deceased lover who consoles his bereaved partner in 1990's Truly Madly Deeply; the wicked Sheriff of Nottingham in Robin



Rickman is perhaps best known for his role as Professor Snape in Harry Potter. HANDOUT

Hood: Prince of Thieves in 1991; and a wayward husband in 2003 romantic comedy Love Actually.

Millions know him from the Potter films, in which he played the portions and defence against the dark arts teacher Severus Snape, who was either a nemesis or an ally — possibly both - to the titular teenage wizard.

He appeared frequently onstage, earning Tony Award nominations for Les Liaisons Dangereuses in 1987 and Noel Coward's Private Lives in 2002

Rickman was also a filmaker, directing and co-starring opposite Kate Winslet in 2014 costume drama A Little Chaos.

Frequently charming in person, Rickman was, by his own account, uncompromising as an actor. During the filming of Harry Potter, he maintained Snape's air of haughty disdain even off-camera.

Rickman is survived by his partner of 50 years, Rima Horton, whom he married recently. THE ASSOCIATED PRESS





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ACTION/COMEDY Norm of the North

Director: Trevor Wall Starring: Rob Schneider, **Heather Graham**

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ROTTEN TOMATOES™ SCORE Critics:

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ACTION & ADVENTURE 13 Hours: The **Secret Soldiers** of Benghazi

Director: J.J. Abrams Starring: John Krasinski, **Pablo Schreiber**

The gripping true story of six elite ex-military operators assigned to protect the CIA who fought back against overwhelming odds when terrorists attacked a U.S. diplomatic compound on September 11,

ROTTEN TOMATOES™ SCORE

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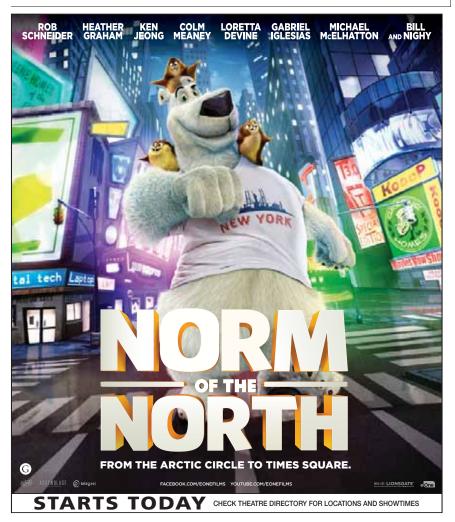
Victoria

Director: Sebastian Schipper Starring: Laia Costa, Frederick Lau

A movie shot in a single take about Victoria, a runaway party girl, who's asked by three friendly men to join them as they hit the town. Their wild night of partying turns into a bank robbery.

ROTTEN TOMATOES™ SCORE Audience:







Rock mockumentary found audience online



Jonny Owen became known for his funny shorts on YouTube before deciding to make a feature-length comedy. HANDOUT

Web shorts from YouTube now a featurelength film

Steve For Metro Canada



Jonny Owen has a simple slice of advice for those dreaming of someday making a big movie.

'If you've got an idea, shoot it," said the English Internet star-turned big-screen success from London recently. "For a long time, you just had scripts or ideas on a page and its difficult to visualize anything (but) when you shoot something, its something tangible you can show to people."

That was certainly what triggered Owen's series of funny web shorts into the feature length comedy Svengali (now available on VOD). After all, the satirical story of a postman set on managing a musical act to the top of the irrational rock and roll industry gained a cult following not by traditional means - but through online show-and-tell.

"The internet was a gamechanger," explained Owen, who first began uploading his musical spoofs in 2008. "When I put something on YouTube at that time, it would get 30,000 views in a month whereas on the small film festival circuit before that, I'd be walking around playing to 200-300 people at a time."

Since those days, the Internet has proven its worth - giving rise to many popular web



Much of Svengali was shot illegally on the streets of London says director Jonny Owen. HANDOUT

series and producing a wealth of online celebrities. Although Owen insists his only goal was to simply find an audience, he also admits that early type of indie filmmaking made him a more creative person.

"It was illegal, what I was doing," laughed Owen, explaining it's next to impossible to shoot in London for underfunded filmmakers. "In the street, you'd kind of set up quickly, shoot and run off. That certainly makes you daring. I suppose it's a bit like walking across a tightrope and not looking down.

However, Owen is quick to point out there is another powerful factor when attempting to get your small project noticed in the entertainment industry hire someone famous.

In Svengali's case, it came in the form of actor Martin Free-

"Martin had just starred in The Hobbit movies and, at the time, that franchise was probably the biggest in the world," said Owen. "It was his involvement that really got us the green light for funding so he was essential really."



Pioneering film offered filmmaker inspiration

"Spinal Tap is still the greatest mockumentary ever," admitted Owen.

"I remember (music mogul) Alan Magee said rock and roll is the only industry in the world where bad behaviour is actively encouraged. I thought there's so much comedy



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Meet the man behind the fur



Rob Schneider, pictured inset, provides the voice to Norm the polar bear in the new film Norm of the North. HANDOUT

INTERVIEW

Rob Schneider lends his voice to an animated bear on a quest

Matt Prigge Metro | New York



In his early standup days, before his stint on Saturday Night Live, Rob Schneider was known for the diversity of his voices. Occasionally he gets to use that skill. No stranger to voicework in animation, Schneider voices the lead in Norm of the North: A polar bear trying to save the Arctic from greedy human developers. This family film comes soon after the debut of Real Rob, his fairly R-rated Netflix show about a fictionalized version of himself and his family.

What appeals to you about doing animated voicework?

I remember sitting in the audience watching Aladdin. I'm from San Francisco and I was a comedian at the same time Robin Williams was a big star. I'd seen all the characters he'd done and saw how they managed to animate that. They were able to capture in cartoon what that guy was capable of doing. In the back of my mind I hoped for the chance to do that.

Plus, it seems less stressful than acting in person.

You can wear sweats to work

for a week. No one gives a s—. You don't have to put on makeup. It's not like a regular movie. You can become fat especially if you're playing a

You have a three-year-old daughter. Does that inform some of the work you take?

I'd like to be able to sit with her and watch one of my movies. There's a couple animated films I did — I call it "emergency trauma surgery animation." That's where they bring you in and it's already animated, and you have to squeeze jokes in. Or it's in another language. A friend brought me into some films because he knows I can do a lot of voices. So I would do nine different voices for a movie called The Reef, which was a blatant ripoff of Finding Nemo. You make it as good as you can, but it's not like this movie, where you start from scratch and really build something. I showed my daughter The Reef 2 and after 10 minutes she got up and walked

You also have Real Rob, which, like Rob, follows around a version of you. What made you want to return to a fictionalized version of yourself?

I wanted to do something that was entertaining and funny and kind of my version of Fawlty Towers. Because where else is entertainment going to go? It has to be more personal. Reality TV is a bore. And

it's not real; they sketch it out. So you take an exaggerated version of yourself and the audiences guess how much is real and how much isn't.

You also financed it yourself and made and then sold it to Netflix. It's amazing there are avenues like that open to performers.

Î did a season of Rob for CBS, and they decided not to pick it up. And we averaged 11 million viewers. I went to Netflix and said that we'd averaged 11 million viewers and I could bring those over to them. Netflix is twice as big as CBS. CBS is a tiny company compared to Netflix. Netflix has 70 million viewers who pay 10 bucks every month. That's \$700 million dollars coming in. They don't have to worry about advertising; they just want to keep their customers

The entertainment world is in such a strange period of flux at the moment. Do you find you have to hustle more nowadays?

You always have to hustle. And you have to make something good. I never had a doubt in my mind we were going to wind up somewhere, because it's good. We wanted to make something that was the highest quality possible. No one could have done what I did. I'm the only actor, only comedian ever who's produced, written, edited, financed an entire season. I edited it for nine months.

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answer, unaided, a mathematical skill-testing question to be declared a winner. Contest Period opens at 12:01 am ET on January 14, 2016 and closes at 11:59 pm ET on February 1, 2016. To enter and for complete contest rules visit metronews.ca/contests.

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Oscar stuns with lack of diversity

NOMINEES

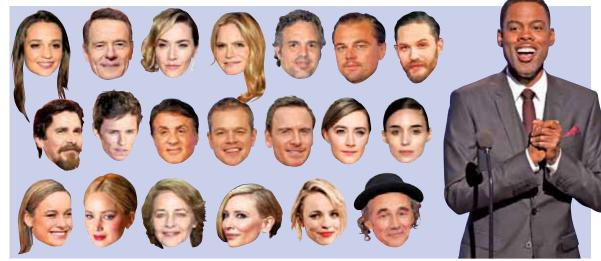
No actors of colour get nods in major categories

As the dust begins to settle after the 2016 announcement, many fans' early-morning enthusiasm quickly turned to disappointment after not a single black actor was nominated. Actors of colour did not make it to the 20 award slots available in the best actor, best actress, best supporting actor and best supporting actress categories.

For the second year in a row, fans used the #OscarsSoWhite hashtag to voice their frustrations. "And the #Oscar goes to... somebody white. #OscarNoms," Twitter user Jamar Hooks wrote.

"The #Oscars this year looking a lot like a Trump rally. All White," Michael Skolnik commented.

Darnell Hunt is a sociology professor at the University of California, Los Angeles, and the director of the Ralph J. Bunche Center for African American Studies, which releases a Holly-



Many hope host Chris Rock takes the Academy to task for lack of diversity among nominees. TORSTAR NEWS SERVICE/GETTY IMAGES

wood Diversity Report annually. He said he was hardly surprised that actors of colour were left out of the Oscar nominations. The snubs, he said, reflect a lack of diversity within the Academy of Motion Picture Arts & Sciences, which votes for the awards.

"Unfortunately, the nominations kind of reflect the state of the industry as it relates to diversity. We're talking about an Academy that's 93 per cent white, 76 per cent male, and average age 63," Hunt told Torstar News Service in a telephone interview Thursday.

This year's Oscars host is Chris Rock, who has regularly brought issues of racism and discrimination into his comedy. Rock did not comment on the #OscarsSoWhite criticism Thursday. Many said they hoped Rock would use his opening monologue to hold the Academy ac-

Fans on social media wanted Idris Elba to be nominated for his role as an African warlord in Beasts of No Nation, for which he received BAFTA, SAG-AFTRA and Golden Globe nods.

Many were also upset at snubs of Will Smith for his part in Concussion and Michael B. Jordan, who starred in Creed, and that Puerto Rico-born Benicio Del Torro was also left out for his part in Sicario.

While NWA biopic Straight Outta Compton was nominated for best original screenplay after being left out of the Golden

Globes nominations — many on social media were quick to point out that the nominated screenwriters were actually white.

Hunt said awards like the Oscars set the standards for what the industry views as great films, and that in turn shapes "future decisions that are made about what projects will be green-lit, with what budgets, (and) with what stars.

"We're reproducing the same old exclusionary industry by only recognizing certain types of projects and that's a huge problem," he said.

A study last year at the University of Southern California found that film characters are still overwhelmingly white. Of the top 100 films in 2014, 73.1 per cent of characters were white. Black characters accounted for only 12.5 per cent of the ones on screen, compared to only 5.3 per cent for Asian and 4.9 per cent Hispanic characters.

Hunt said the industry needs to be restructured to better reflect U.S. society. That means diversifying membership in the Academy and among studio executives, as well as what roles are being offered to minority actors. TORSTAR NEWS SERVICE

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Canucks unapologetic about nods

Montreal producer Pierre Even had a snappy response whenever anyone predicted he would see Academy Award nominations today for the film Brooklyn.

"Never say that!" Even would say. "Nothing's for sure!"

But Even and Marie-Claude Poulin, co-producers on the film, were celebrating Oscar nominations Thursday morning for best picture, best actress (Saoirse Ronan) and best adapted screenplay (Nick Hornby).

Also in the running for best picture is Room, a Canada-Ireland co-production shot largely in Toronto and based on Emma Donoghue's novel of the same name. Brooklyn is a Canada-U.K.-Ireland co-production, in which Montreal stood in for Brooklyn during shooting.

"Best picture is something else," a clearly-excited Even said in a phone interview after watching a live stream of the Oscar nominations this morning. "I guess it means that people would return our phone calls now — I'm joking.

Even said the Oscar nominations show that Canadian crews can perform at the top levels of the movie industry.

"I'm very proud," Even said. Donoghue was clearly elated by her nomination in the best adapted screenplay category, tweeting: "4 #OscarNoms for



Canadian connections: Montreal stood in for Brooklyn, above; The Weeknd, Emma Donoghue and Rachel McAdams are all nominated. TORSTAR NEWS SERVICE/GETTY IMAGES

#RoomtheMovie, Best Picture, Best Director, Best Lead Actress, Best Adapted Screenplay, hard to type while shaking.

'Ĭt's just wonderful to see a fairly low-budget film, made mostly with state money, can do so well," said Donoghue from Nice, France.

The film won the People's Choice Award at the Toronto International Film Festival, where it began generating awards buzz.

Other Canadians named during the ceremony in Beverly Hills, Calif. included Rachel McAdams, who was nominated for best supporting actress in Spotlight.

The Weeknd was nominated for best original song for Earned It from the film Fifty Shades of Grey, along with fellow

Canadians Ahmad Balshe, Jason (Daheala) Quenneville and Stephan Moccio.

Several other Canadians were nominated for their work on The Revenant, which picked up a leading 12 nominations. They include: set decorator Hamish Purdy of Vancouver, who received a production design nomination, Chris Duesterdiek for sound mixing and Cameron Waldbauer for visual effects.

TORSTAR NEWS SERVICE

FILM BRIEF

Mullally lands role in new Franco, Cranston film

Megan Mullally is set to star opposite James Franco and Bryan Cranston in the upcoming movie Why

The film tells the story of a Midwestern father, Ned (played by Cranston), who discovers that his college student daughter is dating an Internet billionaire (played by Franco), leading to competition between the two.

Mullally, known for her roles as Karen Walker in Will & Grace and as Bev in 30 Rock, will play the part of Ned's wife Barb in the Fox comedy, Deadline

Production on the movie is slated to begin in February this year. AFP



Megan Mullally GETTY

DINNER JESSICA ALLEN



During the run-up to Oscars (T-minus 44 days), I often feel like someone who did track in high school and suddenly finds themselves, 25 years later, about to run a marathon.

There's so much to watch, to get invested in, including heady dramas like Carol, Room and Spotlight. But the brain is flabby and unconditioned after several months of binge-watching Ladies of London (OMG have you seen this show?).

In order to properly train and properly annoy one's friends at an Oscar-viewing party — one needs to have a command of the slew of less

To properly annoy one's friends at an Oscar-viewing party, one needs to have a command of the slew of less consequential awards

consequential awards that have already been handed out. Spotlight took home top honours at the Gotham Awards, for example, but the New York Film Critics Circle gave that to Carol. Meanwhile, Golden Globes went to The Revenant and The Martian for best drama and comedy respectively. And just to keep things really interesting, the National Board of Review deemed Mad Max: Fury Road the best film of 2016. But the Producers Guild Awards, on Jan. 23, are usually considered more useful in predicting what film will take home the 13-and-a-halfinch-tall Big One. And they didn't even nominate Room, which the Academy did on Thursday, but they did include Sicario, Straight Outta Compton, and Ex Machina, which the Academy didn't. Both shut out Carol.

Enough ink gets spilled in the warm-up that you'll



be huffing and puffing come Feb. 28. Films take out ads in newspapers begging to be considered. Critics make predictions, which often include several titles you've never even heard of. For some, like The Hollywood Reporters' Scott Feinberg, Oscar watch is a full-time job, literally. For me, it just means I can't re-watch Step Brothers, written and directed by Adam McKay, be-

cause I feel like it. I should be watching his Oscar-nominated film The Big Short.

THE MEAL: Pasta and Leek Bake

Or can I? Simon recently interrupted our Sunday morning quiet time, where we divide up the New York Times and sit with silence - and coffee to inform me that A.O. Scott considers Step Brothers to be "a bona fide masterpiece.'

We nodded, smug in the knowledge that we share a

minority opinion with the paper's chief film critic. I bet we watch the comedy three times a year and always, without protest from either party, stop and rewind to a particularly magical bit of movie-making: "Do you like guacamole?" John C. Reilly asks. "Yes!" asserts Will Ferrell, just before Reilly crushes him after he leaps onto the top bunk of the beds they've constructed together.

And much like Oscar buzz isn't something you'd expect from a film by the same guy who wrote and directed Anchorman, I made something completely new for dinner — and from a new cookbook to boot: the pasta and leek bake from Simply Nigella. It required making a roux, which seems as easy as Meryl Streep doing an accent, but I can count on one hand the number of times I've prepared it successfully. That includes this attempt, which we enjoyed seconds of while pausing Step Brothers on all our favourite parts.

Dinner was a real winner, which no one could've pre-

Jessica Allen is the digital correspondent on CTV's The Social.

Paul Giamatti has a little fun

In Billions, Paul Giamatti's new Showtime drama, the versatile actor portrays Chuck Rhoades, the powerful and perverse U.S. Attorney engaged in a political cage match with hedge-fund titan Bobby "Axe" Axelrod (played by Damian Lewis).

You might say comedy is a ruckus between fools, while drama is a clash between smart people who are driven by compelling creeds impossibly at odds. The latter applies to Billions, which, premiering Sunday at 10 p.m. Eastern Standard Time, is a delicious drama of two alpha males on a collision course: Rhoades wants to prosecute Axelrod for financial fraud, but only if his case is ironclad, while the slick, calculating Axelrod dares him to try.

"It's super-complex and Byzantine, with Machiavellian behaviour from both of us that gets extremely complicated," says a pleased-looking Giamatti. "It's

Interestingly, Chuck and Bobby seldom appear in the same scene, but such is the fever pitch of their rivalry that, whenever one is on the screen, the other is present viscerally, as if in the ether.

'They operate pretty separately," says Giamatti. "But their awareness of each other becomes quite powerful. It's really cool."



Paul Giamatti HANDOUT

"Cool" is a frequent Giamatti affirmation as he meets with a reporter over coffee in Brooklyn Heights, where he lives with wife Elizabeth, a film producer, and son Samuel.

Cool is something he exhibits himself, a brand of regularguyness befitting an actor who uncovers a fresh measure of truth in each character he plays, from the exasperated wine enthusiast in Sideways to the divisive music manager in Straight Outta Compton to Founding Father John Adams in the eponymous HBO miniseries.

According to each character, his eyes are stormy or woeful, his smile benign or wild, his soft voice, when he chooses, as commanding as a roar.

Meanwhile, his average-guy mien and puddin' face spurs journalists to reach for their most colourful descriptives.

"How many synonyms are there for balding?" says Giamatti with a chuckle. And what about the article that likened his physique to a manatee's: "I'm a sea cow?" He laughs again.

But no argument from him: As a movie star, he's no Brad Pitt. "Brad Pitt's great," he says. "But I love Boris Karloff. And Ernest Borgnine! He didn't look like Brad Pitt either, but he played cool parts.'

Giamatti, 48, grew up in New Haven, Connecticut, the son of Bartlett Giamatti, a comparative literature professor at Yale who later became president of the university and then commissioner of Major League Baseball. The younger Giamatti studied literature as an undergrad at Yale before getting his masters in acting.

He is somewhat at a loss to account for his professional ascent.

"I think it was a lot of accidents leading to other accidents," he says. "I was always willing to just go, 'OK, sure, I'll do that."

Playing Chuck Rhoades was a treat for Giamatti. "This guy is vain in a way that lots of characters I've played aren't," he says happily. "I gotta look right for this guy! THE ASSOCIATED PRESS



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Feel good with a Blue Monday movie

PLEASURE SCENE

Hit up a cinema on the cheap and beat the January blahs

Richard **Crouse** For Metro Canada

Feeling down? You're not alone. Years ago Cliff Arnall, a tutor at the Centre for Lifelong Learning at Cardiff University, declared January to be the most depressing month of the year. "Following the initial thrill of New Year's celebrations and changing over a new leaf," Arnall said, "reality starts to sink in." His study cited weather, debt, time elapsed since Christmas, average hours of daylight and unsuccessful New Year's resolutions" as the reasons for the slump and named the third Monday of the month Blue Monday, the single most depressing day of the year.

Whether Arnall's "sadness algorithm" passes scientific muster remains to be seen but

there's no denying January can be dispiriting. This year Cineplex is offering up a way to beat the January blahs — cheap movies. On Jan. 18 Scene card members can redeem just 500 points to see any movie at Cineplex, from general admission auditoriums all the way up to the fancy-dancy VIP Cinemas.

45%

In a recent survey Cineplex discovered 45 per cent of Canadians say they typically feel rested typically feel rested after watching a movie while 38 per cent say they feel "less stressed, like I took a mini vacation."

Marston-Milbauer Eminent Scholar Emeritus at the University of Florida Dr. Norman Holland is an expert in psychoanalytic criticism and cognitive poetics, which in layman's terms means he has made a study of how our brains translate activities like going to the cinema into pleasure.



Richard Gere and Julia Roberts in Pretty Woman. CONTRIBUTED

"It's restful, no question," he says.

"The parts of your

brain that turn off are the parts that plan action because you're not going to act on what you see on the screen in front of you.

You turn off the systems that plan, that look ahead that evaluate futures. That explains the phenomenon of the willing suspension of disbelief. You accept the most improbable things, like Stars Wars or Spider-Man. At the same time the lower centres of your brain are generating emotions like mad in response to what you're seeing. This is the peculiar phenomenon that you can feel and care about these people on the screen while at the same time knowing they are nothing but a fiction."

The Cineplex survey indicates that when feeling blue 78 per cent of Canadians look to funny movies to cheer them up. "We don't want Ingmar Bergman on Blue Monday," says Holland. The idea is to do something for yourself. Do something that pleases you."

Overall, according to Cineplex, Canada's top two comfort movies are the Robin Williams comedy Mrs. Doubtfire and Pretty Woman with Julia Roberts and Richard Gere. Men chose the uplifting prison break movie The Shawshank Redemption as their favourite feel good

Holland isn't surprised the top movies are old favourites featuring big stars. "Familiar characters, familiar faces," he says. "They're people we've had good experiences with before and can expect [to have] good experiences with again.

So what would the good doctor go see on Blue Monday? "8 1/2 by Fellini," he says. It's a fanciful movie that engages both the emotional and intellectual sides of the brain. "I love Fellini."



The idea is to do somethina for yourself. Do something that pleases you.

Psychoanalytic expert Dr. Norman Holland

















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Politics appeal to Sutherland

DESIGNATED SURVIVOR

New TV series puts Canadian actor in the **Oval Office**

Kiefer Sutherland seems to

love talking politics. Too bad the Canadian can't

The veteran TV star shifts easily from touting his upcoming series Designated Survivor to chatting about Donald Trump's success in the U.S. Republican primary race, bemoaning a deep political divide in his adopted homeland.

"If you've watched the political cycle that's happening in the United States right now, I think it's one of the most extraordinary - and I do not mean that in a positive way - (campaigns) that I think I've seen in a very long time," the Toronto-bred actor said in a recent interview from Los

'And I think our show, certainly, will deal with the fact that voters are really disenfranchised from what has become the political process here."

In Designated Survivor, Sutherland plays a U.S. congressman suddenly called on to serve as president when disaster wipes out everyone else in line. The ABC conspiracy thriller is expected to debut

Sutherland admits the premise shares "some similar char-

acteristics" with his last big TV drama, 24, but says this time around, his character is more of an everyman than a Jack Bauer-type superhero.

"In a very kind of workingman's way he uses common sense and his own sense of right and wrong to do what he thinks is best for the country. And the way he approaches that, I think, is very human. And I think that that's something that we sometimes lose — whether it be in Canada or the United — we have a feeling that we have lost that in the political process.'

Sutherland's interests in politics come naturally.

He is the grandson of socialist icon Tommy Douglas, the former federal NDP leader credited with launching Canada's public health-care system.

His mother, esteemed actress Shirley Douglas, is an activist herself who infamously was arrested for her involvement with the Black Panthers in the '60s.

Meanwhile, his celebrity father, Donald Sutherland, is an outspoken critic whose targets have included former prime minister Stephen Harp-

Nevertheless, Kiefer Sutherland says he doesn't vote. He can't in the United States because he is not a citizen, and he can't in Canada because he is not a resident.

But there's no question which party he would have supported in last year's fed-

"I grew up in an NDP household, to say the least, and that's where I would have laid my hat," says Sutherland, nevertheless expressing optimism that the federal Liberals will bolster his pet cause.

"The value of health care to the average Canadian has been deeply undervalued by the Conservative party for 16 years and I do not believe in a two-tier health-care system in Canada.

"The fact that the Liberal party is going to do much more to try and protect health care in Canada is something that I find encouraging."

And he would not consider getting U.S. citizenship so he could vote.

"No, I'm a Canadian," says Sutherland, who adds he gets back to Toronto as much as he can to visit his mother.

"I have had a fantastic time down here but I've been down in the States primarily because this is where the work that I wanted to do was and my daughters were born here, so that's made that more complicated. But I've always felt I was Canadian and that's who I am and I have no interest in changing that."

Sutherland is set to discuss his lengthy career - from his breakout role in the 1984 Canadian film The Bay Boy, to his award-winning work on 24, to his latest film Forsaken opposite his father — at Canada's Top Ten Film Festival in Toronto on Saturday.

THE CANADIAN PRESS

RIDE ALONG 2

Ice Cube on movies and music

Ice Cube doesn't storm the stage of Coachella until April, but he already has a game plan. "I'm looking forward to getting out there and giving them a history lesson about Ice Cube, from N.W.A. to the present," says the 46-year-old rapper-actor-filmmaker. "I'm going to put together a show that touches on everything."

But right now he has other business to attend to. He reunites with Kevin Hart for Ride Along 2, the sequel to the 2013 hit. It follows Straight Outta Compton, another blockbuster that told the story of N.W.A. We talked to him about making music and movies.

Do you have much time for music these days, with all the films you're making?

I haven't had a lot of time lately. Working on Straight Outta Compton took a lot of time and effort. I had movies booked together, so it was just movie to movie. But I am going to go in to the studio with Common and do a song for the Barbershop 3 sound-

Speaking of sequels, you've spoken about how you always want to make sure a sequel is fresh if you do it. What convinced you to do a second

People just want to see us again. A lot of these buddy cop movies are hit and miss. When you hit, you really owe it to the audience to give them something new and fresh with the same team. To me, it's really what you're in show business for: to give the audience what they want, not necessarily what you want to give them all the time.

You started your film career in dramas. Do you want to return to them now?

I would love to. Ever since I got into movies I've wanted to do good ones. I don't really trip over what genre they are.



Comedies snowballed in my career, so I ended up doing more of those. Which is fine. But of course I have dramatic characters I want to play. MATT PRIGGE/METRO NEW YORK

RAPPER TALKS DIVERSITY IN FILM

Despite this year's Oscars, some see Hollywood as inching toward greater diversity. The Fast and the Furious series is now a franchise without a white character, and there aren't any white characters in Ride Along 2.

It really don't matter what colour you are no more. It's a situation where people are used to seeing all kinds of movies now. You didn't have to go to the movies to see that urban film you might want to see. You had home video. Years and years of that have led to people saying, "I don't want to just wait to get it on DVD. I'm going to see Ride Along or Friday with the movie-going audience." They're sick of being the last ones to the party.





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SCOTTSDALE

Active living is easy when the sun is shining

Vawn **Himmelsbach** For Metro Canada

Scottsdale, Ariz., isn't just for your grandparents — it's come into its own as a top adventure destination. In a single day, you can challenge your quads on a double-black-diamond hike, learn how to rope a calf at a dude ranch and sample your way along the local ale trail.

It still has a cowboy vibe (it was dubbed the West's most Western town in the 1950s), but this former farming community has transformed itself into a base for outdoor adventure, along with a burgeoning culinary and craft beer scene.

Indeed, Scottsdale was named America's No. 2 foodie city in 2014 by Livability.com, thanks to its numerous farmers' markets and award-winning chefs - not to mention nearly 800 restaurants to choose from (don't miss dinner at FnB, where James Beard-nominated chef Charleen Badman whips up elevated vegetable creations, or an unbuckleyour-belt feast at Bryan's Black Mountain Barbeque with some of the best beef brisket in town).

Here's how to make the most of a trip to Scottsdale this winter:

Hiking, biking and climbing

The city's most prominent landmark is Camelback Mountain, shaped like a camel lying down.

With its sheer red cliffs, this 75.8-acre park is a favourite hiking and climbing spot for locals — its two summit trails are double-black-diamond hikes (in other words, not for beginners). It's worth waking up early and starting in the dark - you'll be rewarded with 360-degree views at the summit while you watch the sun rise over the Sonoran Desert.

The many parks and preserves in the area are ideal for hiking, mountain biking and rock climbing, particularly in the winter with temperatures averaging around 21 degrees C.

Craft beer

America's craft beer scene often brings Portland to mind, but Arizona is abuzz with microbreweries — and it's easy to experience what's on tap by walking, biking or taking the free trolley on Scottsdale's downtown ale trail. Don't miss Craft 64, with a rotating selection of 30 Arizona craft beers on tap such as the popular Four Peaks Kilt Lifter. And stop by Sip Coffee & Beer with 19 rotating craft beers on draft and coffee beans provided by local roaster Cartel Coffee

The Loonie Love in Scottsdale campaign offers perks from partners keen on welcoming their neighbours from Scottsdale offers challenges, like a day at a dude ranch and a hike the north as the

up Camelback Mountain. Above: learning about desert flora is extra fun when you're in a pink jeep. ALL PHOTOS VAWN HIMMELSBACH/FOR METRO

Lab. Cartel also brews its own beers, including Coffee Brown, a nut-brown ale made with Cartel coffee beans.

Cowboy College

Scottsdale is home to luxury spas and high-end shopping, but here you can find a slice of the real west. So don't miss a chance to discover your inner cowboy and rope a calf (well, a roping dummy, anyway). The Four Seasons Resort Scottsdale at Troon North offers a Cowboy for a Day package at Arizona

Cowboy College, where you'll learn the ropes of horse handling and cattle driving - no easy-peasy trail rides and resortstyle cookouts here.

The desert

In Scottsdale, you're always a stone's throw from a Saguaro cactus. But this desert is one of the most bio-diverse on the

Learn more about it at the Desert Botanical Garden, a living museum that features 50,000 desert plants from around the

with trailside ex-

hibits and art exhibitions. Or, go off-road and get muddy on a Cactus Canyon Adventure with Pink Adventure Tour (yep, in pink jeeps), where learning about flora and fauna is actually fun.

LOONIE LOVE

Canadian dollar

drops in value.

Where to stay

Sanctuary on Camelback Mountain is a luxurious retreat featuring newly renovated ultra-chic mountainside casitas.

Its renowned Sanctuary Spa

features an Asian-inspired menu of services; plus, there's yoga, pilates and spinning, along with five tennis courts and an outdoor lap pool. Celebrity chef Beau MacMillan whips up farmfresh American fare at elements, its fine dining restaurant.

Or, retreat to the AAA Five Diamond Four Seasons Resort Scottsdale at Troon North, with spacious casitas that open onto stunning desert scenery in the cooling foothills of Pinnacle Peak — plus, there's an awardwinning spa and possibly the best craft cocktails in town.

SAN FRAN CLASSICS TO UP YOUR FOOD GAME

San Francisco is a city that is serious about its food, and with the Super Bowl heading to nearby Santa Clara, the hungry hordes hankering for a taste of the local food scene won't be disappointed. Here's a guide to five foods and drinks San Francisco is famous for and where to find them, THE ASSOCIATED PRESS





You can pick up a traditional crab cocktail at one of the many vendors lining Fisherman's Wharf. For a different take, try it roasted and served with garlic noodles at Thanh Long (4101 Judah St.). Like your crab crispy? Get it shelled, battered and deep-fried at the R & G Lounge in Chinatown (631 Kearny St.).



Anchor Brewing has a history that goes all the way back to 1849, when German brewer Gottlieb Brekle arrived with his family. You can get a firstperson look at the brewery via tours available most days except holidays. The tours cost \$15 per person, take about 90 minutes and conclude with a tasting. Reservations are required; you can make them here: anchorbrewing.com/ brewery/tours.



Coffee

This is a fully caffeinated city with coffee shops on just about every block. Try Ritual, a pioneer in the craft caffeine movement. The flagship location is 1026 Valencia St. in the Mission District. Blue Bottle, which began across the bay in Oakland, has a spot in San Francisco's Ferry Building. And for a little extra kick, try the famous Irish Coffee at the Buena Vista Cafe in Fisherman's Wharf (2765 Hyde St.).



Oysters on the half shell are a longstanding San Francisco tradition. For an elegant take with a great view of the Bay Bridge try Waterbar (399 The Embarcadero). Starting Jan. 30 dinner will be accompanied by a free light show with the return of the Bay Lights, a display that flashes nightly on the west span of the bridge. Also on the waterfront, Hog Island Oyster Bar in the Ferry Building.



Sourdough

The region's tradition of sourdough - bread leavened with a wild yeast starter or "mother" dough — dates back to the Gold Rush. Boudin Bakery, established in 1849 has a veritable shrine to sourdough at its Fisherman's Wharf location (160 Jefferson St). It includes a museum and demonstration bakery. Another good place to try this crusty creation is Tartine Bakery (600 Guerrero St.).

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How to save on sunny travel in 2016

ADVICE

Travel expert says timing is key for getting a great deal

When it comes to saving money on travel, when you go is as important as where you go.

We checked in with Mark Murphy, founder of TravelPulse. com, to find out the best destinations for warm weather getaways that won't break the bank, and the best times to book them.

Not surprisingly, Murphy, who also publishes two magazines geared towards travel agents and organizes the Travvy Awards (touted as the Oscars of the industry), suggests using an agent — but he had some pretty convincing reasons why.

When to go

"The key if you're looking for great value is finding the gaps," Murphy says. "Between Thanksgiving and Christmas is one of the best times to travel because it's cheap. The resorts empty out, and they don't fill back up until



Is Mexico calling to you? Cancun has great value right now, travel expert Mark Murphy says. ISTOCK

the Christmas holiday. Right now is another great time to travel — you could have booked something for now for half the price as what you would have paid two weeks ago to travel over the holidays."

But that won't hold true for long. The next few months is the busy time for destinations like Mexico, Florida and the Caribbean, Murphy says. And then there's a drop off again: "Any warm weather destination will see a dramatic drop in pricing right after the Easter break, and especially in May—that tends to be a really soft month, so it's a great time to get away and have the same

exact experience as someone who paid twice as much to go another time," he says.

Cancun isn't just for spring breakers

If you're looking for a beach destination, Cancun is one of the best values, Murphy says. And if you go with an all-inclusive resort, you'll know all your costs up front.

"People perceive the all-inclusive market as the way it was 10, 20 years ago, with buffets lines and things like that, but it's really evolved and gone into the luxury space," he says.

"One example at the high end is the five-star, all-inclusive resort Grand Velas in the Riviera Maya region — I sent people there who are big-time foodies, and they could not say enough good things about it."

Murphy also suggests the luxe Le Blanc, an all-inclusive adultsonly property with butler service, or the Hyatt Ziva if you're bringing the whole family.

Don't go it alone

Murphy's pro tip? Hire a pro. All signs point to travel agents, once declared obsolete, making a comeback.

"The price you pay for doing all the work yourself is the same price you pay if you book through a travel agent. It's a myth that it's cheaper to book on your own," Murphy says.

In fact, it can be cheaper to use an agent: "The Marriott in Cancun, for example, will give you the same price no matter 3

People perceive the all-inclusive market as the way it was 10, 20 years ago, with buffets lines and things like that, but it's really evolved

Mark Murphy, founder of TravelPulse.com

where you book, if it's the Marriott site or Expedia," he explains.

"But if you book with a travel agent, you might get an unpublished value-added offer (such as a dining credit) that is only available through an agent."

Not only can a travel agent score you savings, plus sift through the overload of information so you don't have to, they're also a resource if something goes wrong on the trip.

"If there's a problem with the hotel, you can call the agent and ask them to fix it," he says.

"So now you have an advocate who's going to deal with it."
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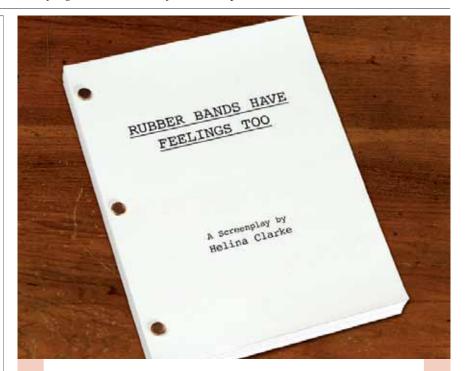
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Triumph homes the best of both worlds

apartment-style condominiums and stairintensive townhomes, but Triumph Bungalows by StreetSide Developments (a Qualico company) offers the best of bungalow living, now with convenient condo options for homeowners of any age.

Already hugely popular in Sherwood Park (Summerwood — almost sold out and with single family bungalows starting at \$549,950) Triumph bungalows are newly available in Edmonton, with both maintenance-free and single family homes in Windermere. All executive-style Triumph bungalows provide traditional or open floor plans, luxurious master suites, extra-large kitchen islands and walk-in closets, and developable basements.

"A lot of our homeowners own property elsewhere, but they still want a single family home here — with space to entertain, a garden and room to park two cars," says Diana van Oorschot, marketing co-

Triumph bungalows offer main floor space in the range of 1,226 to 1,600+ square feet. Buyers receive a complimentary design consultation, too — a chance to choose finishes and decide on options for basement development.

"You can still have a big garage and a yard, and indoor space to host visitors or just enjoy a big master suite. Triumph bungalows are a place to retire in or plan for the future," van Oorschot says.

While StreetSide Developments has created luxury apartment condos and stylish townhomes, it's the bungalows that are in high demand today, answering the desire for convenience in a maintained, landscaped community, while still providing a "home" in single family bungalow form.

Triumph Ambleside offers proximity to the International Airport and nearby Ambleside amenities, with 39 bungalow homes starting at \$464,950. Buyers



choose from seven floor plans (open and traditional design), ranging from 1,226 to 1,504 square feet.

At Triumph Windermere, 24 bungalows line the street of Ainslie Court. Surrounded by green space, walking trails and a pond, these single-family bungalows feature walkout basements, triple-car garages and designer features. The design and construction of each Triumph bungalow is exceptional and includes features like Hardie board exteriors, triple-glazed, argon-filled windows and more.

'These impressive bungalows offer a new take on a classic style in the most soughtafter communities," van Oorschot says. "We invite people to visit our show homes to see it for themselves."

bungalow condos starting at \$464,950 | single-family bungalows starting at \$549,950 triumphbungalows.com



Patrick Chan is adding a triple Axel to his long program, cranking up the difficulty in time for the Canadian championships in Halifax

Barker remembers the late Phillips

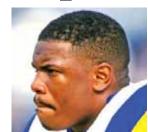
Jim Barker saw the good and bad that was Lawrence Phillips.

Barker was the Montreal Alouettes' offensive co-ordinator when Phillips ran for over 1,000 yards and helped the squad win the 2002 Grey Cup.

The following season, he was the Calgary Stampeders' head coach when he had to give Phillips his walking papers at the midway point in the year.

"I was the last guy to coach him in pro football," Barker, now the Toronto Argonauts' GM, said via telephone from Arizona on Thursday. "He'd been acting up again so I told him I needed to see him in my office.

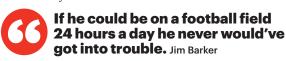
"He came in and I said, 'You know, I've got to let you go,' and he said, 'I know.' And then this kind of epitomizes Lawrence Phillips to me, he said, 'Jim, I'm sorry, I don't know why I do what I do.' From a football standpoint there was no one who worked harder at it ... but ultimately it was the other



Lawrence Phillips GETTY IMAGES FILE

things that brought him down." Phillips, 40, was found dead Wednesday in a California jail cell. Officials suspect he committed suicide.

Phillips starred at Nebraska before going sixth overall in the 1996 NFL draft to the St. Louis Rams. He was cut in 1997 for insubordination and played with the Miami Dolphins and San Francisco 49ers before joining the Montreal Alouettes in 2002. THE CANADIAN PRESS





NFL IN BRIEF

St. Louis fans sue Rams, allege false statements

Rams owner Stan Kroenke and others violated Missouri law by lying about their desire to keep the NFL team in St. Louis, according to a lawsuit filed by fans that seeks class-action status and unspecified damages

The suit was filed Wednesday in St. Louis Circuit Court, one day after NFL owners voted to allow the Rams to relocate to suburban Los Angeles for next season. THE ASSOCIATED PRESS

Kelly hired as 49ers' coach

Chip Kelly is the offensiveminded, experienced head coach the San Francisco 49ers have long sought, and now he needs to win right away.

The 49ers hired the former Eagles coach on Thursday, finding the leader CEO Jed York is counting on to turn things around for his once-proud franchise.

Kelly was fired by Philadelphia after Week 16 with one game left in his third season as coach. THE ASSOCIATED PRESS

Clash of the tight ends

Gronkowski vs. **Kelce riveting** subplot to Chiefs vs. Pats

Travis Kelce has always been competitive, whether it was on the playground as a kid, the Cleveland Heights football field in high school, or inside Nippert Stadium at the University of Cincinnati.

It didn't change when he was drafted by the Kansas City Chiefs, either. If anything, the tight end became even more competitive, setting a goal to be the best player at his position in the NFL.

And on Saturday, he'll have his biggest platform yet to state his case when the Chiefs visit the New England Patriots in the divisional round of the playoffs. On the other sideline? Rob Gronkowski, considered to be the best tight end in the game.

"I have no control over what that guy does. He has no control over what I do," Kelce said.

"Rob's been an outstanding tight end, needless to say - all the stuff he's been able to do in the league. But we're in a single-elimination game. I have no focus or care for what that offence does." Nor does Gronkowski care what the Kansas City offence does. Both tight ends are focused on beating the opposing defence, not beating each other in catches or yards or touchdowns. It sure is an interesting game within the game, though.

Gronkowski was the Patriots' leading receiver with 1,176 yards this season, while Kelce was the Chiefs' second-leading receiver with 875. That put both of them in the top four in the AFC among tight ends, with Gronkowski at the peak of the ladder and Kelce just a



Chiefs tight end Travis Kelce had eight catches for 128 yards last Saturday against the Texans.

few rungs below. They are also first and fourth, respectively, in yards receiving over the past two years. But it's Kelce who has the most yards-after-catch among tight ends over that time with 1,045. Gronkowski is next at 1,022, another example of just how closely they mirror each other.

"We see a very good tight end in practice every day, so that's great.

Rob **Gronkow** ski has 1,176 receiving yards on the season.

THE ASSOCIATED PRESS

🔁 DIVISIONAL ROUND MATCHUPS

AFC: Kansas City (11-5) at New England (12-4), Sat., 4:30 p.m. ET AFC: Pittsburgh (10-6) at Denver (12-4), Sun., 4:40 p.m. ET NFC: Green Bay (10-6) at Arizona (13-3), Sat., 8:15 p.m. ET NFC: Seattle (10-6) at Carolina (15-2), Sun, 1 p.m. ET

challenging for us," Patriots defensive co-ordinator Matt Patricia said. "But there's a lot of good tight ends in the league. (Kelce) is certainly one of the better ones.

His performance in

last weekend's wild-card win over Houston proved it. Kelce had eight catches for 128 yards, the third-most productive performance in a playoff game in franchise history.

"Kelce's good. He's explosive," Patriots cornerback Patrick Chung said. "He's explosive, good hands, good run-after-the-catch. That's key with him. He's good. He wouldn't be in the playoffs that team wouldn't be in the playoffs - if he wasn't good." THE ASSOCIATED PRESS



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NFL SYMPATHY FOR THE KICKER Kids from Northpoint Elementary in Blaine, Minn., sent letters and drawings to Blair Walsh this week to lift his spirits after the Minnesota Vikings kicker missed a game-winning field goal last weekend against the Seattle Seahawks. The package of pick-me-ups the kids sent to the Vikings for Walsh touched him enough to pay the students a VISIT AT THE SCHOOL IN THE SUBURDS NORTH OF MINNEAPOLIS. JERRY HOLT/STAR TRIBUNE/THE ASSOCIATED PRESS

Caps fete Ovechkin with an easy victory

Canucks chased as Washington celebrates 500goal milestone

On the night Alex Ovechkin was honoured for his 500th goal, fellow Russian forward Evgeny Kuznetsov had two goals and an assist and the Washington Capitals beat the Vancouver Canucks 4-1 Thursday for their fifth straight vic-

Kuznetsov scored his 14th and 15th goals of the season and set up Tom Wilson on a night the Capitals got a rare goal from defenceman Karl

THURSDAY In D.C.





Alzner and 29 saves from Braden Holtby.

Holtby has gotten the Capitals at least a point in each of his past 22 games and passed Don Beaupre for second in franchise history with his 129th win. In his return from an eight-game absence with a groin strain, Vancouver's Ryan Miller allowed three goals on

Radim Vrbata scored for the Canucks, who were beginning a six-game Eastern



Capitals defenceman Karl Alzner celebrates with teammates after scoring against Vancouver Canucks goalie Ryan Miller on Thursday night in Washington. ALEX BRANDON/THE ASSOCIATED PRESS

Conference trip. Before the game, the Capitals celebrated Ovechkin becoming the

43rd player in NHL history to reach the 500-goal milestone.



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Barca academy opening in town

Calling all future Lionel Messis, Luis Suarezs and Neymars — FC Barcelona is coming to town.

The board of directors for the Spanish soccer giants approved the creation of two new FC Barcelona academies Wednesday, one in Mississauga and the other in Edmonton.

The new academies known as FCB schools — will accept 300 players and be the second and third of their kind in the country. Barcelona's first Canadian school opened at

the Central Valley Sports Complex in Burnaby, B.C., last September. Edmonton's

academy will take place in Fuhr Sport Park. When they open in April, the club will have 19 FCB Schools on five continents.

TORSTAR NEWS SERVICE



🛑 IN BRIEF

Fijian veteran Singh tied for early lead at Waialae

Vijay Singh opened with a 7-under 63 and a share of the early lead Thursday in the Sony Open, showing why at 52 he doesn't spend a lot of time with players his own age.

Singh played bogey-free in gorgeous weather and mild wind at Waialae. He finished with two birdies to join Ricky Barnes and Morgan Hoffmann atop the leaderboard among those who played in the morning.

THE ASSOCIATED PRESS

Lowry scores 24 as Raps beat Magic in London

Kyle Lowry had 24 points as the Toronto Raptors held on to beat the Orlando Magic 106-103 in overtime on Thursday at London's O2 Arena.

Toronto (25-15) won its fourth straight game, but the Magic made the second-place team in the Eastern Conference work

The Magic outscored Toronto 23-19 over the final quarter to send the game to overtime tied at 96. THE CANADIAN PRESS



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RECIPE Deli Quesadillas



Ceri Marsh & Laura Keogh For Metro Canada

Let's finish off the week easy, shall we? Stop by the deli counter on your way home and pick up some sliced meat and dinner will be halfway made.

Readvin

Prep time: 15 minutes Serves 2

Ingredients

- 12 to 16 slices of roast turkey or deli turkey
- · 2 apples, thinly sliced • 50g white cheddar
- cheese, thinly sliced · 4 whole wheat tortillas
- 2 teaspoon olive oil

Directions

1. Place a skillet over medium low heat and add 1/2 tsp of oil.

2. Place your tortillas in the pan. Arrange your cheese slices across one half of the tortilla. Then layer 1/4 of the apple slices and four slices of meat on top of that.

3. Cook until tortilla is beginning to brown on the outside and the cheese begins to melt. Fold the tortilla in half and flip to warm the other side, about 1 minute. Remove the quesadilla to a clean cutting board. Repeat until you have 4 quesadillas. Slice the quesadillas in triangles and serve with a salad.

If you're using these in a packed lunch. Allow them to cool before storing in an airtight container in the refrigerator. Reheat quesadillas in the morning and then pack in a thermal lunch container.

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1. Ms. Sommer ___(Three multiple choice options) 10. New Zealand fruit 14. Grinding factory 15. Ms. Palin 16 Phoenix locale [abbr.] 17. Downright nasty 18. Kitchen backsplash choice 2 wds 20. Best Actress in a Movie Made for Television or ___ (One of two categories in which Rachel McAdams is a Critics' Choice Awards nominee for this weekend's ceremony) 22. Company's experience-getter 23 Knock 24.100 [abbr.] 27. American state 30. Casino card game gig 32. Analyze 36. Canadian pairs skaters Sale & Pelletier won 2002 Olympic gold for their performance to what movie theme music?: 2 wds. 38. Faux/artificial, briefly 39. Showbiz legend Ms. Day 40. _ Scotia 41. Moisturizer variety: 2 wds. 43. Wished 44. Egyptian Myth: Scarab-headed god 45. Medieval labourer 47. "Clumsy" band,

briefly

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48. Ms. Gardner 50. Prophet 55. The Guess Who song: 2 wds. 59. Big river in New Brunswick 61. Musician Mr. Puente 62. _ Sound, Ontario

63. Baronial 64. Smelly 65. Ernie's muppet friend 66 Rose parts 67. Network of nerves

DOWN

1. "My Kind of Love"

singer Ms. Sande 2. "Easy __": 1972 Uriah Heep tune 3. Austrian painter, Gustav _ (b.1862 - d.1918) 4. Ms. Kemper of

"Bridesmaids" (2011) 5. Acquiesce 6. Telecom speed

unit 7. Royal symbols 8. More uncooked 9. Acting/guessing party game 10. "_ & Leopold" (2001) 11. It's an 'Eire-ea' of

35. Footprint 37. Vitalities 39. Retro outdoor movie-aoina venues 42. Beach 'hermits' 43. Olympian queen 46. Nick of "The Deep" (1977), and surnamesakes 49. Specialized vocabulary 51. Character in 1997's "Titanic", John Jacob IV 52. Country in a 2010 mining rescue operation 53. Rolling Stones album: '__ Blee 54. Wear away Bleed 56. Laundry accumulation 57 Toothpaste holder 58. Movie 59. San Francisco's _ Hill 60. Female sheep

drive: 2 wds.

13. 'Final' suffix (Settle)

21. Honest

25. Boldness

tree nymph

28. Lotion in-

son goddesses 31. ___ extra cost 32. Canadian ac-

33. Menotti opera,

34. The 'wrap' of a veg-

_and the Night

gie wrap: 2 wds.

tress, Cara

__ Visitors

gredient

12. Mr. Wheaton

19. "Holy smokes!"

26. Mythological

29. Greek Myth: Sea-

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 With Mercury in retrograde, you would be wise to think before you speak, especially on the work front. Weigh your words carefully. Do they really have to be said?

Taurus April 21 - May 21 You will get through chores, at home and at work, in record quick time today. You will also reach a decision about an offer you have been in two minds about taking.

Gemini May 22 - June 21 Be very careful what you choose to believe today because the planets warn you will be open to negative propaganda. Anyone who tells you to follow their lead is not to be trusted. Listen to your inner voice.

Cancer June 22 - July 23 Your powers of persuasion are usually very good but they may fail you today. You're trying too hard to convince others, and that makes them suspicious. Aim to be less forceful.

Leo July 24 - Aug. 23 People in positions of power will say good things about you today but don't think you can rest on your laurels. You have gone up in their estimation, but you must work even harder to maintain your position.

Virgo Aug. 24 - Sept. 23 As Mercury is linked to luck planet Jupiter today you'll get away with things today, but that's no excuse to behave badly. People will respect you more if you respect them.

Libra Sept. 24 - Oct. 23. There is no reason to hold back: give it all you've got and show the world what you are capable of. If you've been thinking about changing jobs or location now is the time to do it.

Scorpio Oct. 24 - Nov. 22 In your hurry to get ahead don't forget that other people have feelings too. Be careful what you say to work colleagues today because if they feel you are being unfair they will turn against you.

Sagittarius Nov. 23 - Dec. 21 Anyone who disagrees with you will wish they had kept their opinions to themselves. Mercury linked to Jupiter means you won't hesitate to point out their faults and failings.

Capricorn Dec. 22 - Jan. 20 Do what has to be done and worry about the consequences later. The results will speak for themselves, so pay no mind if your attitude upsets other people.

Aquarius Jan. 21 - Feb. 19 You can afford to be optimistic and you can afford to take risks. A money-making opportunity will come your way. Don't waste time thinking about it - take action!

Pisces Feb. 20 - March 20 If you are told something of a privileged nature you must keep it to yourself. With Mercury, planet of communication, linked to Jupiter, planet of excess, there is a danger you will let slip information.

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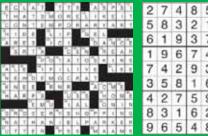
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2013 FORD F-150 S/C XLT 4X4

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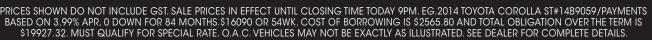


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All dealer rebates, discounts, factory incentives, prices, and interest rates are subject to change or end without notice as new retail incentive programs are announced. Receive no payments for one year OR \$25,000 cash back. No payments for one (1) year means payments deferred not skipped. Full term payments are still required to be paid in full to satisfy the terms of the finance contract. Payments would commence one (1) year after the contract start date. Interest accrues during the payments free time based on the contractual terms and must be satisfied regardless if full payments is made at any point. Cash back by \$25,000 available OAC on new vehicle purchase and will be applied to vehicle financing. Eg. Stx#105899 - Sale price of \$28,980 inclusive of all fees but are plus GST, all rebates to dealer. Payment of \$176 B/W based on 96 months @ 4.99% OAC plus GST. Total cost of borrowing \$8811.72. Offers expire January 31, 2016. No Charge Duramax is a price reduction of \$9970 off list price of any 2500 or 3500 equipped with a Duramax Diesel engine.